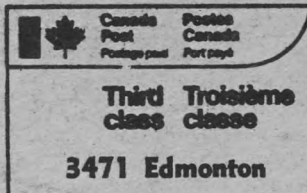
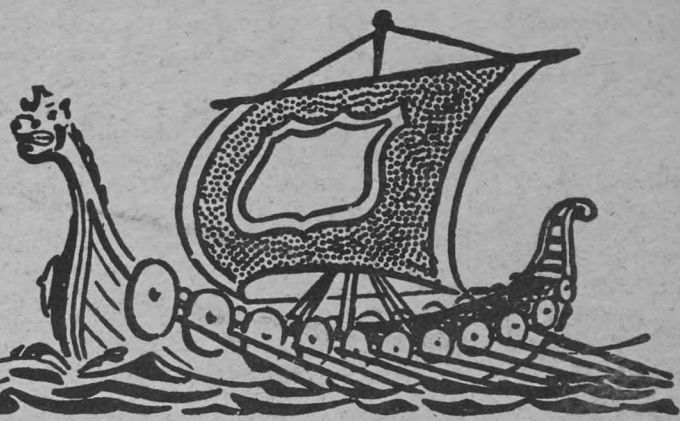


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The Scandinavian Centre News



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September 1973

Scandapades '74 Stars Edgar Bergen

S/N Language, Cultural Arts & Handicrafts Camp Dovre Fjell (Silver Summit)

Sponsored by: Torske Klubben By: Anders Anderson
Sons of Norway Language, Cultural Arts &
Solglyt Lodge #143 Handicrafts Summer Camp
Edmonton, Alberta Director

Under the sponsorship of Torske Klubben, Norwegians in the Province of Alberta were offered a program of instruction in Norwegian language orientation, cultural arts and handicrafts. The program is unique in that it involved both parents and children. The objective of the program was to create a family environment where in and by which the children, as well as the adults, could return to their homes and continue the use of the Norwegian language without the embarrassment which normally is existent if one or the other of the age groups took the language instruction independently and would be expected to perform when they returned home.

The language camp was a 100% success wherein persons from Northern to Southern Alberta, previously unacquainted with one another, grouped together in a cooperative effort towards the organization, instruction and the feeding and housing of all persons attending.

This program was made possible by grants from the Alberta Department of Youth, Culture & Recreation through the Honourable
(Continued on Page 9)

All Scandinavian Production for 20th Anniversary titled "Stars of Scandinavia"

Plans and ground rules were laid down for what promises to be the most outstanding show ever produced by the Scandinavian Centre



Edgar Bergen, Charlie McCarthy and Mortimer Snerd with Tommy Banks.

Sig and Selma Sorenson, producers of the show, unveiled the tentative plans on Aug. 13. SCANDAPADES '74 will feature Edgar Bergen of Hollywood, Calif., and "Stars of Scandinavia".

It will be an All Scandinavian production, giving to the Edmonton Community the best in the Scandinavian tradition.

Since it is the 20th anniversary of SCANDAPADES, an attempt will be made to bring back to the stage the top performers of the last 20 years. It is also the 10th anniversary of the opening of the Scandinavian Centre (official opening was June 20, 1964).

The date for the big annual event has been set for Feb. 9, 1974. Basically the evening will have four major attractions:

1. Scandapades '74 - 8:00 - 10:00 p.m., Main Auditorium,
2. Cultural Display from the five Scandinavian countries—in the main lobby, all evening.
3. Scandinavian Food Fare - 10:00 - 12:00 midnight, on the lower floor.
4. Scandinavian Dancing - 10:00 - 12:00 midnight, in the Assembly Room.

The committee hopes to have the reserved tickets on sale by

Nov. 1, at \$3.00, \$4.00, and \$5.00. Coffee and delicious Scandinavian baking will be served free to all who hold reserved tickets.

There are only 2727 seats in the Jubilee Auditorium. The shareholders of the Scandinavian Centre will have the first opportunity to get seats of their choice because they, the readers of the Scandinavian Centre News, will be the first to know about it. So don't wait—get your ticket early so that you will have a choice seat. The lucky ticket holder will get a free trip to Scandinavia!

The following is a list of the cultural directors who will be responsible for seeking out talent, arranging the cultural displays, and the Food Fare.

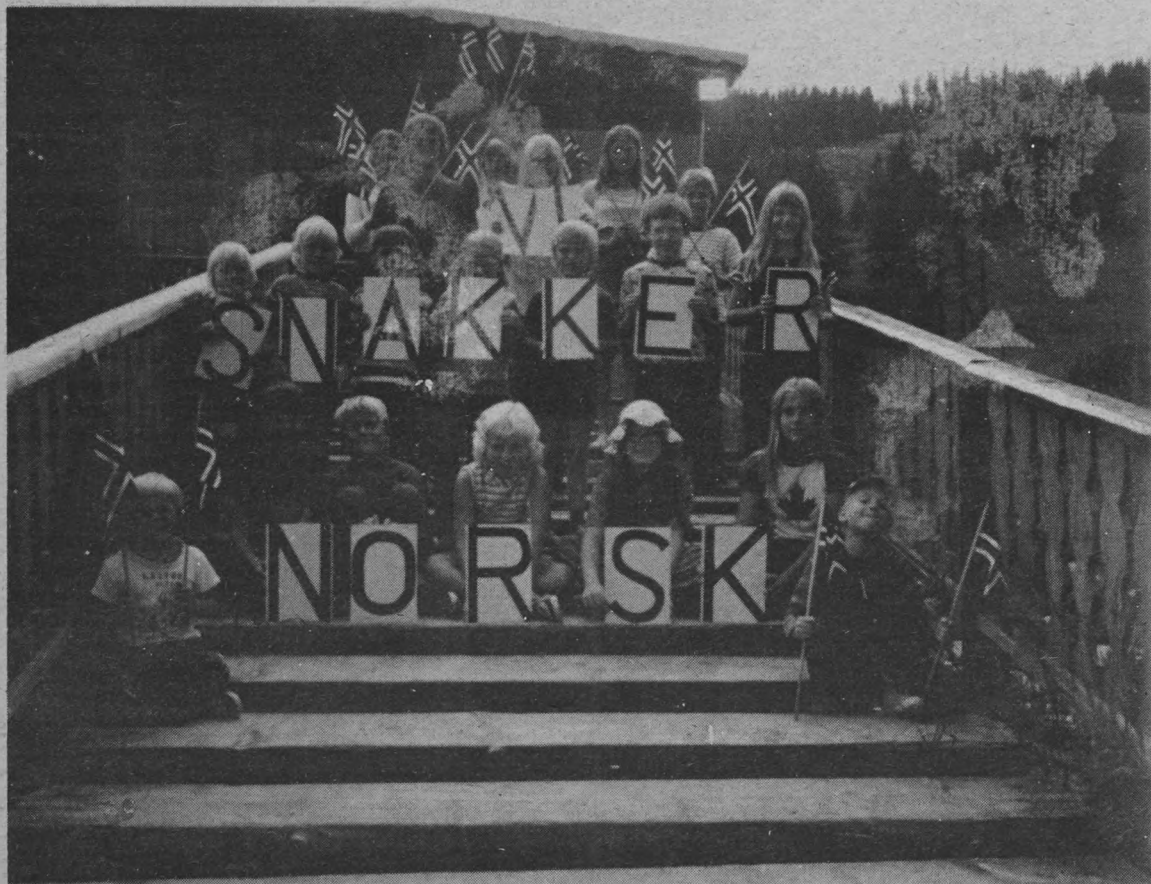
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FINNISH—Arvi Liimatainen, 11259 - 79 Ave. Phone 435-7447

ICELANDIC—Mrs. Margaret Cameron, 10740 - 133 St. Phone 455-2064

NORWEGIAN—Mrs. Astrid Hope, 6307 - 103 A Ave. Phone 469-4747

SWEDISH—John Cumberbatch, #607, 10405 Saskatchewan Dr. Phone 439-7641



Sons of Norway Language, Cultural Arts and Handicrafts Camp at Dovre Fjell
30 miles north of Edson, sponsored by Edmonton's Torske Klubben and Solglyt No. 143

SPLINTERS from the BOARD

By Anne Sahuri

RADIO REPORT

Les Greenham is waiting for your calls at 455-0082. Remember—if Les doesn't know about the events he can't announce them over the radio. Please, do call him as soon as possible.

COFFEE PARTIES

There will be a coffee party at the Scandinavian Centre on each Sunday of October, from 2 - 5 p.m. It is hoped that this will become a weekly event—depending on the popularity of afternoon coffee parties among Scandinavians and friends. Please, mark Oct. 7 on your calendar and bring your friends also.

CHRISTMAS FLIGHT

Did you always want to go to Scandinavia for Christmas—and never got around to really going? Don't miss this opportunity, call Vera Nielsen at 454-5438 for more information about the 1973 Christmas flight, which is anticipated for the end of this year.

CANADA- A Multicultural Nation

by P. H. T. Thorlakson, M.D., LL.D.

Presented at a Seminar on French-English Relations—"The Manitoba Question"—sponsored by the Canadian Council of Christians and Jews, Central Region, September 4, 1963. This was also the theme of his speech given at the Prairie Regional Conference of the Canadian Consultative Council on Multiculturalism held in Edmonton June 23, 1973.

We are here today for an exchange of opinions on a problem of major national importance. I have been asked to speak about the broader aspects of multiculturalism and to discuss some of the problems of French-English-Canadian relationships.

My personal views on this subject are influenced to a degree by my own family experiences. During our childhood, we spoke Icelandic, Norwegian and English in the home.

As a young student, I studied French for four years at High School and at College.

Because my father was Icelandic, my mother Norwegian, my wife's father of Irish and her mother of Scottish descent, our children are Canadians of four distinct national origins.

French instructors for our grandchildren have been brought into their homes to encourage French reading and conversation. When our grandchildren visit us at meal times, they offer Grace in the French language and occasionally in English. One grandchild has, on her own volition, become interested in Icelandic lessons.

I might add that my point of view is also influenced by the fact that I have always enjoyed our family visits to Quebec City, to Laval University and to the homes of our friends in that very interesting city. We do not wish them to change, to become more

Anglicized or more Americanized.

The basic problems in this general area, it seems to me, stem from a conviction, held by some, that future cultural developments in Canada must be firmly based on a dual English and French national heritage and that our ten provincial educational systems should, without delay, accept and implement this concept. The failure of the two original senior partners of Confederation, Upper and Lower Canada, to come to terms on this primary issue of biculturalism and bilingualism explains the disenchantment and distrust that faces us as we approach the end of the first century of nationhood. Those of us who have lived for over half of this period surely realize that our difficulties have arisen largely because of a lack of mutual regard for the rights and the natural and legitimate aspirations of the two original contracting partners. Only future historians will properly define the causes and justly assess the blame for this failure to reach an accord. Equally regrettable has been the lack of understanding, by these two dominant groups, of the natural aspirations of all the other groups that now comprise the Canadian nation. These basic issues are so easily aggravated by deep-rooted enmities and prejudices. It has taken over 200 years to create the present situation. Too little has been done by the English-speaking or the French-speaking politicians, educators and clergy to solve these problems during the past century. In many cases they have used their positions to aggravate the situation. In the beginning the French language was associated with the Roman Catholic Church whereas the English language with Protestantism of the "Orangeman" variety. Certainly

one hundred years ago the French and English in Canada agreed to form a permanent alliance and one nation possessing, at that time, two cultures, not two nations.

As Canada approaches its centennial celebration, we are faced with a major test of Confederation. This is a national crisis which cannot be ignored. I learned recently that in the Chinese language the word "crisis" is represented by two characters: the first standing for "danger" and the second for "opportunity." As Canadians about to embark on the second centenary, we should accept these two words "danger" and "opportunity" as defining our present predicament.

Canadian Confederation in 1967 and the gradual emergence of a free and independent nation has profoundly altered, but not yet eliminated the "ruling class concept", which so profoundly influenced earlier inter-racial contacts and relationships. The tenacity with which the French Canadian people of Quebec have clung to their cultural and religious separateness is partially an act of resentment, but it has a sound constitutional basis. It also represents a conscious attempt at asserting a spirit of independence. A combination of retaliation, resentment and fear in fact, forms only a partial explanation for the disruptive influences that beset and thwart our drive towards full and integrated nationhood.

Rene Levesque, Quebec's Minister of Natural Resources is quoted as saying—"To be honestly Canadian I shouldn't have to feel like a native leaving the reservation every time I leave Quebec. Outside Quebec I don't feel two cultures. I feel like a foreigner. There must be a new Canada in five years or Quebec will quit Confederation." Are these the rantings of an angry young man who suffers from a persecution complex? What does he think other Canadians feel like when they visit some parts of Quebec?

But why should any Canadian citizen feel like a foreigner when he enters the Province of Quebec, the birthplace of Canada? Conversely, why should a Canadian from Quebec feel like a foreigner in Manitoba with its many ethnic groups?

How different, refreshing and encouraging is the viewpoint expressed by the Hon. Mr. Guy Favreau, Minister of Immigration and Citizenship, speaking in Winnipeg on August 15th, 1963, to a group of New Canadians from 13 different countries after they had taken the oath of allegiance. The Hon. Mr. Favreau said: "Group immigration has been the germ of life in this country" and "Canada is justly proud of its pluralist culture. Many individuals and nationalities enhanced Canadian traditions. I have no doubt that the many ethnic groups represented here today will, in time, also add appreciably to the cultures and traditions of our country."

It is our great good fortune that Canada is the home of many different groups of people. Let us accept each other as we are and not try to make the other person, or group, conform to our ways of thinking, living or speaking.

There are, of course, economic disparities which should be corrected by every proper legitimate means. But is Quebec the only part of Canada that suffers because of the great concentration of economic power and control centred on Bay Street in Toronto and St. James Street in Montreal? Other areas of Canada have legitimate grievances, but we should not get language, religion and history

WEDDING ANNOUNCEMENT

Mr. and Mrs. William Peterson wish to announce the wedding of their daughter, Janet Carol, to Mr. Harold Burger of Whitecourt, Alta., on Oct. 20.

Thank You For Your DONATION

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Nick SUVANTO, Vancouver, B.C.—\$5.00
Jenny RUBEN, Luseland, Sask.—\$2.00

Autumn Is A Glory

By Grace Barker Wilson

Autumn is a glory,
An always glad surprise.
On some smoky morning
Rub stardust from your eyes,
And see the tawny splendor
Of newly painted leaves,
And tread on golden carpets
The errant west wind weaves;
Quaff tangy scents that tingle—
What thrills within us rise!
O autumn is a glory
'Neath Indian summer skies.

all mixed up in our attempt to solve our immediate and very pressing problems. We hear repeatedly that Canada is a bicultural and bilingual nation—two separate racial elements with a common national destiny. But is this correct and a realistic appraisal of the present situation? While officially and constitutionally Canada is today supposed to be a bilingual nation, we should admit that the large majority of Canadians will continue to speak and understand only one language and only relatively few in number will ever use a second or third language.

Is it in the spirit and intent of the British North America Act that Canada should, in the face of its immigration policy after 1967, exist indefinitely as a bicultural nation? As a matter of fact, is Canada really a bilingual and bicultural nation today? I submit that as a result of circumstances existing at the time of Confederation, the English and French languages were given equality—but this position of equality had little influence on either party to the agreement. By and large, in any locality the English spoke English and the French spoke French and that was that. This does not represent true bilingualism. When one thinks about a nation and national attributes, one refers to all the things that the people have in common. One does not emphasize their inherent differences. Canada has been since 1967, and always will be, a conglomeration of people with many cultural backgrounds. As a nation, we will never have only two languages and two cultures. I respect and understand the attitude of people, both English and French in origin,

(Continued on Page 11)

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SOLGLYT SPOTLIGHT



By Evelyn Jensen

COMING EVENTS

Saturday September 8th.

Western Barbeque and Dance, Viking Room, Scandinavian Centre. \$2.50 per person. Bring your own steak. Western dress is optional.

Wednesday September 26th.

General Meeting and Initiation, Viking Room.

A good turnout of people enjoyed the Klondike Dance held Sat., July 21 in the Viking Room. Special thanks to Del Melsness and Helen Harris who entertained during intermission, and to Stella for the lovely lunch. Highlight of the evening for the Kris Nyhus family was a flying visit from Kris' cousin, Gry Enger, who was on her way back to Oslo after spending a holiday with her father in Grande Prairie. Kris picked her up at the International Airport, whisked her out to the Scandinavian Centre where she joined in the festivities for a short while, then it was off to the Airport again to catch her plane.

Congratulations and Best Wishes to Laurel Ann Hafso whose wedding to Ralph Antonio took place at the Evangelical Covenant Church, Aug. 4. After the ceremony there was a small reception at the Corona Hotel, followed by an Open House at the home of the bride's parents, Mr. and Mrs. Stan Hafso.

A very unpleasant surprise awaited Stan upon his return from a recent business trip to Toronto. He discovered that his brand new Datsun car which had been parked outside his home, had a big hole in the roof. Apparently a Telephone Construction Co. truck was putting up TV cables, and a heavy object hanging from the crane did the damage (which amounted to approximately \$1,600.00) as it swung over the car.

John and Astrid Hope began their summer vacation with a fishing trip to Burns Lake in northern B.C. After visiting relatives in White Rock they attended the graduation of Astrid's son in Seattle, Wash. Two of their grandchildren accompanied them back to Edmonton for a three-week vacation.

Lynda Nyhus spent a very enjoyable two weeks at a Norwegian Language Camp in Mission, B.C., recently.

Leiv and Marion Aasgard had as summer guests a niece, Ann Bjorg Nordvang, and her two cousins, Ann and Sigrun Ronning, from Vingelen, Norway. Everyone enjoyed a trip to Banff, Jasper and Fairmont during their visit. The girls also spent some time with an uncle in Wainwright.

Sharon Sorenson returned Aug. 15 after an eleven-week stay in Norway, one month of which was spent at Bergen University. Sharon was the only Canadian in a group of students comprised of five from the U.S.A., thirteen from Great Britain, two from the Netherlands and two from Germany. They had excellent accommodation in the Students' Residence and did their own cooking. The price of food was quite high, and hamburger was rather a luxury. The weather man was not too kind (it rained most of

the time in Bergen) but it didn't dampen the girls' spirits at all. During the rest of Sharon's stay in Norway she visited with relatives in Aalesund and Christiansand.

Sig and Selma Sorenson's daughter, Betty, along with her husband and three children are arriving from Brantford, Ont., to attend the wedding of a cousin.

Mr. and Mrs. Peter Swanson enjoyed a visit from Eileen's mother, Mrs. Elsie Clark, of Penticton, B.C., and are looking forward next to the arrival of their daughter and son in law, Capt. and Mrs. S. Shewchuk, from Ottawa for a few weeks vacation.

Mr. and Mrs. Erwin Nasset's daughter, Karin, will be leaving Aug. 20 to spend a year in Norway. She will be taking first year University in either Oslo or Bergen.

Recent visitors from Norway to the John, Herman, and Arnold Hafso homes at Viking were Mr. Leif Feyling, Mr. Casper Feyling and Miss Emma Grete Feyling. In Edmonton they were guests of Mr. and Mrs. Stan Hafso, Mr. and Mrs. Dave McKill, Mr. and Mrs. E. P. Shaver, Mr. and Mrs. R. Sherwin, Mr. and Mr. Borge Pedersen, and Mrs. Molly Cooper. Emma Grete Feyling is a Lab. Technician who works in a hospital in Drammen, Norway, and during her visit was most interested to have a tour of one of Edmonton's medical laboratories. The Feylings were lucky to be here during Klondike Days, and donning Klondike attire, they participated in several of the activities, enjoying it so much that they would like to come again. They were amazed and thrilled at the friendliness and hospitality shown them wherever they went. The Feylings come from Egersund, Norway, and are cousins of the Hafso's and Axe Pedersen.

Doug and Gail Peterson along with Doug's parents had a wonderful three-week vacation touring many parts of Norway and Sweden. They have also enjoyed a visit recently from Gail's sister and brother in law, Mr. and Mrs. George Gough, and family from Prince George, B.C.

Prior to her marriage to Ralph Antonio a shower was held honoring Laurel Ann Hafso at the home of Mrs. Selma Sorenson. Laurel would like to thank all the ladies involved.

Among the places visited by the Svidal family during their recent holiday were Calgary, Lethbridge, Las Vegas, St. Louis, Lauderdale-by-the-Sea, Washington, D.C., New York and Niagara Falls. One of the highlights in Washington was a visit with Mrs. Anne Arnold, Knut's oldest cousin. En route the family enjoyed a Major League baseball game in the St. Louis stadium. While in Calgary the Svidals stayed with Ed and Lillian Ness and attended the Calgary Stampede.

Congratulations to Susan Clark, daughter of Mr. and Mrs. Emeth Clark, whose wedding to Bruce Whitford, son of Mr. and Mrs. Ray Whitford, took place July 19. Following the ceremony, a family dinner was held in the Dania Room of the Scandinavian Centre. Susan would like to thank the ladies who honored her with a shower, which

"Dovre Fjell" Summer Camp

By Astrid Hope

There was a note of nostalgia amongst most participants when "Dovre Fjell" Norwegian Language, Cultural Arts and Handicrafts Summer Camp finally closed its doors for 1973. It was a great week of Norwegian kinship and "ekte Norsk" and who couldn't sense this in such a setting amongst the "small fjells", pines and the ski lift. The remarks were often repetitious in that the camp could be a setting situated in any part of Norway. Relations and attitudes of the camp developed so high that everyone felt as though it were a huge "Norsk familie". It was a successful pilot project for Sons of Norway, Alberta.

The first day, Aug. 4, was engaged in registration. This was the day for getting acquainted,

organization of the procedures and rules, as well as assigning each family to the various rooms and becoming orientated to the program of the coming week.

Three days of steady rain started on Saturday evening (1 inch of rain fell in 15 minutes and 3 inches for the remainder of the weekend). This possibility turned out to be more of a blessing than a detriment, since there was more opportunity for indoor activities, more learning of crafts, more fellowship and singing of Norwegian songs and learning Norwegian dances to music prepared by Olaf Sveen and Irene Hovde, as well as the various Norwegian records, which were brought by various members of the camp.



Everyone swimming at Emerson Lake followed by the trail hike around the lake. A lake that could be walked around in less than one hour.

was also held in the Dania Room.

Recent guests at the home of Emeth and Gladys Clark were Emeth's sister and brother in law, Mr. and Mrs. Selmer Berg, and son, Ellis; another sister, Mrs. Rita Sorenson; and a niece and her husband, Mr. and Mrs. Harley Breiter, and their two daughters from Weldon, Sask. The visitors spent some time with Emeth and Gladys at their cottage at Lac la Non and also took in "Scandinavian Days" activities at Barrhead.

Congratulation to Gerry and Penny Harvey (nee Iverson) on the arrival of a son (Jason Warren) July 30.

Andy and Mathilda Mjaatveit returned Aug 13 after a six-week trip to Norway. They rented a Volkswagon in Oslo and spent a very pleasant vacation seeing the countryside and visiting, among other places, Bergen, Trondheim, Hammar and Eidsvoll. While in Trondheim, they visited relatives in nearby Storen. Both Andy and Mathilda agree that it was a wonderful trip which ended all too soon.

Mr. Johan Jensen, brother to Irene Hovde arrived in Canada July 23rd from Haugesund, Norway. His impression of Canada, she says, is wonderful. Irene is going to take her brother for a trip to the Rockies. He is due to return Sept. 6th.

DATE TO KEEP IN MIND. Saturday October 13th.

Lief Erickson Night, Viking Room, Scandinavian Centre.

Your correspondent for next month will be Mrs. Evelyn Jensen. Please phone your news in to her at 466-2712.

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ICELANDIC NEWSLETTER

By Les Greenham

Ring, Ring, Ring. "Hello, is that you Moe?" "Yes." "How did you enjoy your holiday?" "Oh, just great." "Well, I'm sure glad to hear that." While we are on the theme of holidays, there is no doubt that most everyone is back home again and we hope that just like with Moe, your holidays were tremendous. However, no one has phoned me with any highlights about their vacation. I am now going to suggest that when you have finished reading this column that you take pen in hand and a piece of paper and write down anything of interest and mail it to your columnist at 10424 - 142 Street, Edmonton, T5N 2P2.

As for news, it appears most of it will focus on the Couves family reunion, that is, Cece Couves' side of the family and the wedding of our daughter, Karen, to Ken Jonah on Sept. 1.

First off, we must apologize to Cece and Jo for not having all the details about the reunion. When we decided to contact them for information, Lo and Behold! they had left town to go on holidays so we made a number of calls to other acquaintances for some details. As far as we can gather it was a huge success. I understand they literally came from all over the world, there being between 50 and 60 people at the reunion which lasted three days. Those that couldn't make it sent taped conversations for their pleasure. On the first evening they had as many Saga Singers as were available appear in costume and entertain the guests for about one hour and according to the grapevine they really enjoyed the singing. Sorry we don't have more details but, Cece, you must have been a very excited and proud manduring that time and it goes without saying that your wonderful wife must have been a great help to you.

Cece and Jo Couves had a new grandson on their 29 wedding anniversary.

The wedding plans for our daughter, Karen, are going very smoothly and we are getting more excited as each day goes by. The gowns for the bridesmaids are completed. Two miscellaneous showers were held for Karen. Judy Corrigan and Diane Vigfusson co-hosted a shower on July 24 and then on August 8 Clara Jonsson had another shower at her place. Both showers were well planned and Karen really appreciated all the lovely gifts. She asked me to take advantage of this opportunity to say "Thank you, Judy, Diane, Clara and Phyllis".

On Sun., Aug. 5, two of Bill Halldorson's sisters arrived in Edmonton and spent about a week with Bill and Tody. Bill picked them up at the International Airport. Chrissie Thorsteinson arrived first from Winnipeg at 9:10 a.m. and Josie Gretsinger arrived from Vancouver at 9:20 a.m. How about that for timing!

My nephew, Colin Stark, and niece, Debbie Zimmerman, from Winnipeg, visited with us for a day and spent part of a day with my son and daughter-in-law, Bob and Jean. I hadn't seen Colin since he was 3 years old and believe me we really appreciated their visit with us. They were on their way to Deadwood, Alta., where a sister lives.

On Sun., Aug. 12, I guess you could almost call it a Vigfusson family reunion at Mayfair Park. Grandma Vigfusson from Selkirk,

Man., as well as her daughter, Anna Christiansen, from Winnipeg, were there with the rest of the Vigfussons and relatives from Edmonton. We had just the most marvelous day. We were entertained, free of charge, by a game of touch football. The performers were Bryan Vigfusson, Ken Jonah, Ed Corrigan, Rick Hawes, Hal Vigfusson and Randy Vigfusson. I think it was a tie game. Then yours truly and Herb Vigfusson gave a masterful exhibition of a game of lawn darts. We defeated a visitor from Winnipeg, Milt Humpage, and Hal Vigfusson.

More about sporting events: Ninna Campbell has challenged me to a race at next year's Markerville Picnic. But we still have to work out the details such as how much of a handicap I will be burdened with.

As of this writing we still don't know if our Choir Director will be out of hospital by the end of the month. We just finished having a phone conversation with her and Gus and she tells me her brother, Carl W. Anderson, from Vancouver, paid her a surprise visit for a few hours last Sun., Aug. 12.

Also Gus informs me that Mrs. Lilly Johannson, beloved wife of Joe Johannson, of Markerville, Alta., passed away suddenly Sat., Aug. 18. She lived in Markerville most of her life and was very active in the Icelandic W.A.

We just finished phoning Cathy Oddson and incidentally got her out of bed, and she advises that her parents, Leifur and Lucille, and the boys, Chris, Eric and Leif, are away on holidays and spending most of their time in Vancouver. They are expected home on Wed., Aug. 22. She also said that her sister, Lori, went on a trip with her mother-in-law, Mrs. Sullivan, to the States and visited here and there.

BIRTHDAY GREETINGS

Congratulations to the following who have birthdays during this period: Cam Smith, Sept. 17; Chris Oddson, Aug. 6; Leoni Hagan, Aug. 20; Cathy Oddson, Aug. 30; Leif Oddson Jr., Aug. 31; and the father of all these children, Leifur Oddson celebrated his 39th birthday Sept. 1: (you are still 39, aren't you, Leifur?) Thorey Greenham, Sept. 2, and I have decided to congratulate myself also on celebrating my 39th(?) birthday on Aug. 24.

I would like to finish off this edition of the Icelandic Newsletter with a small contribution from Ninna Campbell without her permission.

I'm picked on by the altos,
Deserted by the bass,
And now they say that I can't run
E'en in the slowest race. □

Sunset

By Thelma J. Ryser

Have you ever seen the sunset
From the hilltop in the spring,
How it pours its golden dryads
On housetop, wall, and wing?
As it fades so slowly
To ambers, then to reds,
It almost sounds a warning
For flowers to droop their heads.
Then it sinks quite lazily
Beyond the waters blue,
And all we have at evening
Is heaven's lovely hue.



Kitchen Corner

OUR KITCHEN PRAYER

Please bless and use this kitchen,
Lord;
Let every meal I make
Build healthy bodies, loving hearts
In all who will partake.

I thank Thee for this house, my home,
So dear in smallest nook,
For here I've partnership with Thee,
The food you make, I cook.

This door will see the fond farewells
As dear ones start the day,
And may each one who passes through
Return again, I pray.

And let each one who enters here
Find warmth and food and love
And go forth knowing that they have
The smile of God above. Amen.

CANNING HINTS

If you do your own canning here are a few helpful hints.

Do not peel pears for canning, scald as you do tomatoes and the skins will slip off.

If you wash strawberries thoroughly before stemming there will be no waste and your berries will stay firm.

When canning tomatoes, put onions and peppers in with them. This is grand with rice or macaroni and it is all ready to use.

When preparing pears or peaches for canning add a teaspoon of salt to the water in which they stand to prevent them from turning brown.

To prevent jam from burning, rub the bottom of preserving pan with a little oil. It prevents burning.

To keep dill pickles crisp, add a teaspoon of alum to the liquid when pickles are canned.

When making jelly and jam hang a piece of string over the edge of the glass before pouring in paraffin. This makes it easier to remove paraffin when opened for table use.

CHILI SAUCE

Nothing smells better than chili sauce cooking on a cool September

day.

12 ripe tomatoes (scalded and peeled)
2 green peppers
2 red peppers
4 apples (peeled)
2 onions

Chop the above ingredients and then add:

3 cups brown sugar (packed)
2 cups vinegar
2 tbsp. salt
1 tbsp. cinnamon
1 tsp. mustard
1/2 tsp. ground cloves
1/2 tsp. allspice
1/4 tsp. cayenne pepper

Boil for about 2 hours. Seal in sterilized jars.

Now is the time to make your own pickled onions—they are delicious.

PICKLED ONIONS

2 quarts silverskin onions
1/2 cup coarse salt
4 cups white vinegar
1 cup granulated sugar

Peel onions, sprinkle with salt, cover with cold water. Let stand 24 hours. Drain and rinse with fresh water, drain again. Combine vinegar and sugar, boil 5 minutes. Add onions, bring just to scalding. Ladle onions into sterilized jars with glass tops. Fill to overflowing with syrup. Work out air bubbles with knife, seal airtight.

WALNUT SLICES

1 1/4 cup flour
1/2 cup butter
1/4 cup brown sugar

Mix together and press crumbs into a shallow greased pan about 8 x 12. Bake at 375° until mixture commences to brown. Remove from oven and cool to lukewarm.

TOPPING

Beat 2 egg whites stiff then add:
1 1/4 cup brown sugar
1/2 tsp. baking powder
2 level tbsp. flour
1/2 cup coconut
1 cup walnuts

Spread on top of the pastry. Return to a slow oven 300° to 325° and bake until the meringue mixture is delicately brown. Cut into squares while warm. □

ICELAND- A World Of Difference

What a misleading name! Iceland is not covered in ice and snow. The Icelanders, all 200,000 of them, have no need to be pitied, nor is there any need to shiver at the mention of the name. Nor is this vigorous European outpost in the middle of the Atlantic an Arctic region of the North Pole. The Gulf Stream has always encircled Iceland with its friendly warmth. There are no extremes in Iceland's climate, the summers are neither too hot nor too cold. In January, the coldest month, the mean temperature is higher than that of New York. The chief characteristic of springtime and summer in Iceland is the glorious light, an ever changing interplay of bright and vivid colours. But it is the autumn that produces the clearest

skies and the best visibility.

And how to reach this wonderland of Frost and Fire? There's nothing easier. In this world of modern air travel you can fly to Iceland in only 5 hours or so. If you prefer a more leisurely sea voyage, a ship will get you there in a few days. And when you've arrived, various travel bureaus offer one-day trips from Reykjavik and other towns to several places of interest. In addition, excursions to the highlands and round tours of the whole island are arranged, lasting anything from 4 days to a fortnight. There are also tours for visitors with special interests—bird-watchers, naturalists, amateur geologists, campers, pony-trekkers, hikers, and those interested in the classical Saga

literature of medieval Iceland.

Or you can travel independently, using scheduled coach or air services; you can hire a car, charter a small plane. Iceland is also a springboard for excursions to Greenland.

For further information contact your travel agent.

A WORLD OF DIFFERENCE

The number of visitors is increasing every year. For more and more, Iceland attracts the discriminating visitor.

What is it about Iceland that so charms and fascinates?

In a word, Iceland is different. Nowhere else does Nature provide such variety and contrast within such a compact area. It is a land of mountains and fjords, of rivers and mighty waterfalls, of long green valleys and high plateaux separated by icecapped ridges, of volcanoes and sculptured lava, of spouting geysers and natural hot pools in which one can bathe in the open air even in winter; of beautiful valleys, thundering waterfalls, winding rivers and fertile meadows. It is a land of distant vistas, endless panoramas and fantastic colours, where spring and summer mean eternal daylight.

Apart from its unique natural endowments, Iceland has many cultural attractions to offer. It's a country where all the modern arts flourish, but many tourists also like to make spiritual pilgrimages to the Saga sites of the intellectual and literary giants of the past like Snorri Sturluson.

Most tourists visit Iceland during the summer, but more and more are coming to appreciate the special qualities of spring and autumn—and even winter, too. Every season has something particular and rare to offer in this polluted and hard-pressed age—room to move, time to think, space to breathe. It makes a world of difference.

HOTSPRINGS AND GEYSERS

There are more than 700 natural hot springs in Iceland, either boiling or warm, down by the seaside, up in the valleys, or high in the icefields themselves. Their silica content makes for breathtaking hues and colours.

The most famous and remarkable of all the hot springs is the Great Geysir (Gusher), which spouts a column of boiling water and steam to a height of more than 150 feet. An unforgettable spectacle. The Great Geysir is temperamental and irregular in performance these days, but its smaller neighbour, Strokkur (The Churn), makes up for it with an eruption every few minutes.

ACCOMMODATION

In Reykjavik and the other larger townships, the visitor can find excellent hotels of international standards. In the country districts there are clean and attractive summer hotels, nearly all of them with heated swimming pools. Private accommodation is also available in comfortable family homes where visitors are given a good welcome. Those who want to explore the hinterland, or take part in safaris and excursions to the mountains, should be prepared to sleep under canvas occasionally or in mountain huts. In several towns, official camping sites are available.

ANGLING

Iceland is celebrated for the abundance of its fish. Not only are the coastal waters swarming with fish of many kinds, but the rivers and lakes teem with salmon and trout. The season starts in spring. Small country hotels offer peaceful angling holidays, or farm

(Continued on Page 5)

VASA LODGE SKANDIA



By Millie Weiss

The regular meeting was held at Vasa Club Pigeon Lake Aug. 4.

Svea Erickson was reported ill at home. Hurry and get well, Svea.

On July 14 Clifford and Paula Lindberg held a lawn party for friends and relatives to help them celebrate their 35th wedding anniversary. They wish to thank all who came to make it such a pleasant day.

Darin and Jay Pearson, grandsons of Paula and Clifford, have arrived to spend their holidays.

Leonard and Matt Elliasson held a birthday party at the lake for Kenneth to celebrate his birthday.

Bert and Margaret Lundgren were visitors at Vasa Club. Ronald Elliasson returned with them for a week holiday.

Kieth and Lillian French were visiting relatives at Pigeon Lake.

Harold, Minnie and Noreen Markstrom were on holidays in B.C.

Barry, Barbara and Stacey Weiss are on holidays in Kelowna, B.C.

Marvyn, Linda and Zoie Weiss were in Penticton, B.C. for the long weekend taking in the air show.

Willard and Eveyln Modin were on holidays in B.C. Wayne and family were visitors at the lake for the long weekend.

COMING EVENTS

The next meeting will be held at Vasa Club Pigeon Lake on Sept. 1 at 7:30.

A Pot Luck Supper will be held at 5:00 p.m. on Sept. 1.

Bingo will follow the meeting.

Elwood and Diane Johnson announce the arrival of their daughter, Melanie Christa, born Aug. 14. The proud grandparents are Gust and Helga Johnson. □ -30-

ANOTHER RECORD FOR OLAF SVEEN

Olaf Sveen's new Long Playing record, "Dance Party", will be released by London Records during September.

It features a waltz written by a long time Edmonton resident, Magnus Alm, now living in Vancouver, and it is called "Memories from Jamtland" in honor of his birthplace in Sweden.

The record also includes "Hammarforsens Brus", a waltz written by Albert Brannlund in 1913, and has been a favorite among Scandinavians ever since. □

NEWS FROM SWEDEN

By Airi Langeste

President Urho Kekkonen has had visitors from Canada this summer, at his summer house "Kultaranta" in Finland. The group of visitors included Canadian Ambassador E. A. Cote and his wife, Kiikuri society representatives from Canada, including their chairman, Jorma Sarkajarri, and last, but not least, the representatives of the Ojibwa Indian tribe. Mrs. MacLaurin, who has been touring Finland with her four children, presented the president the Ojibwa tribe's highest honor, the beautiful Indian headdress, and at the same time he also received his new Indian name "The big white bear", meaning, of course, the northern polar bear.

In his "thank you" speech to the Ojibwa Indians, president Kekkonen let them understand that the honor bestowed to him also included the country that he represents and asked the Indian delegation to convey his warmest greetings to their chief in Canada and thank him for the honor that was directed to Finland. At the end of the visit Princess Morning Star lit the peace pipe which then made its rounds. ***

Heavy rain caused havoc in Kuopio in July. It was the worst downpour in Kuopio's history. Small hills and roads were washed away, streets were overflowing with water and filling basements, the Savo railroad was out of use for half a day as also was the telephone and electricity.

In the city centre by the bus depot all underpasses were under water. In the same vicinity the police car garage filled with water up to the ceiling covering 13 police cars. The damage to the cars was over 10,000 Finn marks.

The latest estimate for damages caused by the rainstorm amounted to about 2.5 million marks. ***

Last year the Finns spent more than half a million marks on lotteries, soccerpool and bingo. Soccerpool, Lotto and bingo are now more favored than the state-run lottery. Interest for bingo spread to Finland from Sweden and in the last four years has taken over the whole land. Typical bingo players are the over-50-year olds and the pensioners. ***

This summer was lucky for a Finnish farm family from Nivala. They won 1,066,714 F.Mk. from Lotto. Mr. and Mrs. Unto Pyykko with 4 children are more than happy and excited about the win. It was 35-year-old Hilkka Pyykko's 6 right on a Lotto card, that made her the winner—the largest sum ever in Finland. ***

This is of interest to those who used to enjoy "Rapu" greyfish parties in Finland. There have been lots of them this year and of good quality.

The price of them this year is slightly up from last year, starting with 1.20 - 1.50 F.Mk. in Oulu, 2.50 - 3.00 F.Mk. in Tampere. Typical price for one greyfish at the market was about 2.50 F.Mk. There has been enough of them for the restaurants (or hotels), too, where the price for one cooked and ready to serve was about 4 marks each. The highest price at one Helsinki hotel was 7 marks for one large size Rapu. □

SIBELIUS HOME OPENS TO PUBLIC

The Villa Ainola, where the composer, Jean Sibelius, lived from 1904 till his death at the age of nearly 92 in 1957, opened its doors to the public this summer.

The Finnish government purchased Ainola and most of the surrounding wooded, parklike grounds, for conversion into a national shrine. A special foundation has been established to look after the property.

Plans to erect residential buildings close to the grounds have been shelved following vigorous protests from many quarters. Much of the surrounding land belongs to a church organization.

Sibelius' heirs still own a narrow strip of the Ainola grounds.

Parking space for from 30 to

50 cars is set aside on State land near Ainola.

Experts from the Forest Research Institute surveyed the grounds and marked for cutting the trees and shrubs in poor condition. The most picturesque dead pines, however, are left standing.

Spokesmen for the Ainola Foundation have given assurances that every effort will be made to "preserve the old spirit of the Ainola area and Sibelius' home as much as possible"

No. 1 Athlete

Two dozen European news agencies voted Finland's Lasse Viren winner of the Olympic 5,000—and 10,000-meter races, the "best athlete" in Europe in 1972.

Another double Olympic winner, the Soviet sprinting sensation Valeri Borzov, placed second in the poll and the Belgian cyclist Eddy Merokx third.

The poll was arranged by the Polish news agency PAP.

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Iceland

(Continued from Page 4)

holidays can be combined with a few days fishing if the farmer owns a lake or a stream. Angling in Iceland offers an exhilarating challenge to novice and veteran alike.

VOLCANOES AND GLACIERS

Iceland is the most volcanic country in the world, and is still Nature's laboratory, a land in constant creation. Only ten years ago, a new island, Surtsey, emerged from the sea off the south coast. The most celebrated volcano in Iceland is Mt. Hekla which in former times was thought to be one of the entrances to Hell. Today Hekla has lost her infernal reputation, and her recent eruption (the last one was in 1970) have brought visitors flocking from all over the world to witness grandstand displays of Nature's pyrotechnics. The recent one on the Westman Islands is still a spectacle hard to believe. One tenth of Iceland's surface is covered by glaciers, relics of the last Ice age. Vatnajokull (the Glacier of Lakes) is the largest glacier in Europe, and in places the ice is more than half a mile thick. But under the ice lurk slumbering volcanoes that every now and again erupt in furious conflict with the frost. The ceaseless battle between primeval elements makes Iceland's landscape a wonderland of constant change.

Iceland is situated in the North Atlantic Ocean, bounded by the Polar Sea in the north and by the warm waters of the Gulf Stream in the south. It is nearly midway on the shortest air route between New York and Moscow. The shortest distance to Scotland is

798 km (500 miles), to Norway 990 km (600 miles) but to Greenland only 278 km (190 miles). The surface area of Iceland is 103,106 sq. km (39,979 sq. miles), of which 11,800 sq. km (4,550 sq. miles) are covered by permanent ice. From north to south the greatest span is 300 km (190 miles) and from west to east 500 km (300 miles). The coastline is 6,000 km (3,700 miles). The road system now has a total length of about 9,000 km (5,625 miles). The biggest glacier is Vatnajokull, 8,400 sq. km (3,240 sq. miles). Iceland has about 30 active volcanoes, the biggest being Oraefajokull, 2,119 m (6,952 ft.), the most famous Hekla. About 20 per cent of the country is covered by postglacial lavaflows and about 80 per cent is uninhabited.

ICELAND FROM THE AIR

One of the most popular tourist attractions is sightseeing by air.

Travellers can fly from Reykjavik, view Mt. Hekla, continue as far as the western end of the great Vatnajokull glacier and then turn north and fly over the Arctic Circle, or turn south over the Westman Islands and the newborn island of Surtsey. Such trips are equally fascinating whether made in the dreamy soft glow of the Midnight Sun or on a sunny day. There are other regular sightseeing flights across different parts of Iceland, and special flights to suit individual tastes can be arranged.

The summer air trips to Greenland are also a popular attraction.

THINGVELLIR

The most hallowed place in Iceland is Thingvellir (Parliament Plains), birthplace of the oldest parliament in Europe. Here, in a great amphitheatre of lava, the

(Continued on Page 6)

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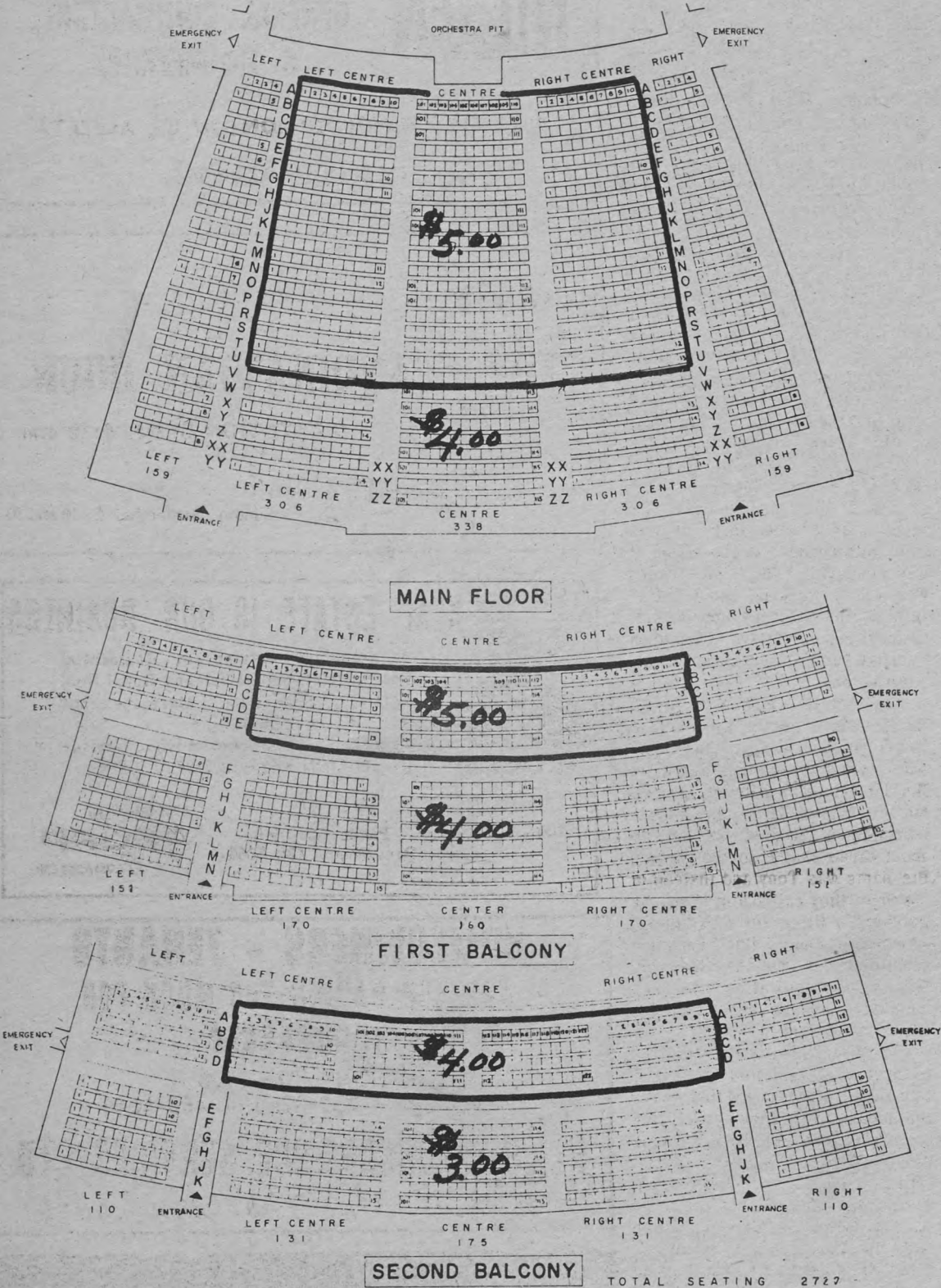
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Iceland

(Continued from Page 5)

Icelandic nation was founded in 930; and here for centuries thereafter the Icelanders congregated every summer to pass laws, mete out justice, and celebrate. Thingvellir is still the heart and core of Iceland: silent, majestic, the home of history.

HISTORY

The history of Iceland is that of a small nation which lived in isolation, on poor resources, in difficult natural surroundings and under indifferent government for the greater part of its existence. But at the same time it is the history of a nation which has intentionally set its cultural sights high, not allowed itself to be defeated, and which is today enjoying its reward in improving welfare and in a more varied civilisation than it has ever had before.

This lonely island in the North Atlantic was discovered by the Vikings in the middle of the 9th

NORDSTJARNAN NEWS

By Sherry Havanka

The July meeting was held on the 21st at the home of Olga Brown.

A report was given on the District 18 Convention.

Plans were finalized for the Picnic and Bavarian Festival. After adjournment everyone enjoyed coffee and visiting.

Mr. and Mrs. Carl Brown, Mrs. Olga Broas and Mr. Bertrem Brown had Carl and Bertrem's sister and husband, Eric and Vivian Aronsson, and also a nephew and his wife, Eghert and Marian Carlson, here visiting, all from Alsterbro, Sweden. This was the first time in 50 years that Mr. Bertrem Brown had seen his sister. It was a joyous reunion and the visitors enjoyed their first visit to Alberta.

The Brown family also had relatives from Saskatchewan visiting to new acquaintances with the Sweden visitors.

Deepest sympathy is extended

to the Torvinen family on the passing of Mrs. Impi Torvinen.

Norman Olson has two daughters from Vancouver visiting relatives here. The oldest daughter, Eleanor, just recently returned from visiting ten countries in Europe and reported having a very interesting trip.

Congratulations are extended to Faye Holmlund and Waldo Hugel on their recent engagement.

Our Annual Picnic was held at Rapid Creek on Aug. 12 after it had been rained out the week before. At noon everyone enjoyed a lovely potluck dinner and later the children were entertained by many activities and ball games. The men enjoyed a horseshoe tournament with Reino and Gil Havanka winning the prize money.

The next regular meeting will be held on Sept. 1 at the John Eklund home.

century, and in the year 874 the first Norseman settled and raised his dwelling in Reykjavik. It was in Reykjavik where his high seat pillars drifted ashore, and the gods thus directed the first settler to the place which, was later to become the nation's capital and where about two fifths of all Icelanders now live.

In the course of the following sixty years the country was completely settled and the basis of the Icelandic nation was established. The people were predominantly of Norse origin, but there was an admixture of Celtic blood from the British Isles. In the year 930 the Althing (Parliament) was founded on the plains of Thingvellir. This marked at the same time the real beginning of the Icelandic Commonwealth, which was based on old traditions of the Germanic peoples and on the statemanship and legal code of the remarkable Icelandic chieftains of the Saga Age. The Commonwealth, or Republic, lasted until 1262, when Iceland came under the Norwegian crown. That period was the Golden Age of Icelandic history. Under the rule of the Norwegian and later the Danish kings, however, the nation's fortunes were varied and its resistance gradually weakened. In the 19th century came a great awakening of national feeling, and a struggle for political rights on an historical basis began. The decline was arrested and a period of progress ensued. And in 1944 it became an independent Republic once more on the historic site of Thingvellir, the ancient cradle of the Icelandic nation.

In former centuries parsonages and the farms were the main centres of education and in such places the "Sagas" were created.

Now modern schools have been built in every town and district and schooling is compulsory from the age of seven.

CULTURE

The settlers who came to Iceland in the middle of the Viking Age brought with them the culture and language then existing in the North. The language is still spoken in Iceland in a form much closer to the original than modern Danish, Norwegian or Swedish. The settlers were heathens and believed in heathen gods, but in the year 1000 the Icelandic nation adopted the Christian faith and the influence of the Church soon began to make itself felt. Nevertheless, the civilisation of the

Middle Ages largely went its own way. A national literature soon developed, written in Icelandic and not in Latin, which was then the international language of scholars. Although the Icelanders were a nation of farmers and there were no towns until many centuries later, they managed to produce such literary achievements that it is doubtful if any other nation was their equal in those days. This literary development reached its climax in the 13th century in the famous sagas and the chronicles of the great historian, Snorri Sturluson.

Despite the later decline the literary development was never broken, and today Iceland has again acquired writers known all over the world. The Icelandic nation is moving forward in all fields of cultural life. It has a comprehensive educational system with a modern University and several technical and trade schools. There is a National Theatre and a Symphony Orchestra, while operas are often staged in the winter season. Drama groups are active throughout the country. There are several museums, art galleries and libraries. The State awards scholarships to artists and scientists to encourage them to work in the service of art and culture. It is now the aim of the Icelandic people to acquire the best of international culture and to adapt it to the peculiar circumstances of their country.

When government spends more than it gets, and when labor gets more than it gives, that empty feeling in your pocket is inflation.

A man who had just been promoted to vice-president boasted so much about it to his wife that she finally retorted: "Vice-presidents are a dime a dozen. Why, in the supermarket they even have a vice-president in charge of prunes." Furious, the husband phoned the supermarket and asked to speak to the vice-president in charge of prunes. "Which kind?" he was asked. "Packaged or bulk?"

The man who loves truth is better than the man who knows it, and the man who finds happiness in it is better than the man who loves it.—Confucius

Poise is defined as the art of raising the eyebrows instead of the roof.

DANIA DOINGS



By Lili Nielsen

The first Whistdrive of the season will be held on Sept. 11, at 8:00 p.m. in the Dania Room at the Scandinavian Centre. We hope to see as many as possible come out for this evening, it's great fun.

Dania will be having a Supper Dance on Oct. 20. More information about this event in next month's issue of the paper.

Dania's General Meeting will be held on Wed., Oct. 24, at 8:00 p.m. in the Dania Room. Why not mark your calendars right now. We need the support from everyone of you.

Our annual Klondike Dance held on July 20 was well attended this year, 220 people. It was nice to see so many of the visitors from Denmark, and also that so many of them were dressed in Klondike clothes. Our membership draw for that evening was won by Mr. Tom Hansen, but as he was not present another \$5.00 will be added to be drawn at the next dance in October, a total of \$10.00. □

News from the Danish Church

Pastor Filtenborg and his family left Canada Aug. 30 and returned to Denmark after 10 years in Canada. For the first 2 1/2 years they lived in Toronto and then a little more than 7 years in Edmonton.

The services in September will be held by Rev. Holger Madsen from Sherwood Park, who will hold the English services, and Rev. Carlo Staal Nielsen from Calgary who will take the Danish services.

In case of a baptismal, wedding, or funeral please contact one of the pastors or the congregation's president, Mr. Kris Kristensen, Box 425, Leduc, phone 1-446-2063. On Sept. 2 there will be no services. All other Sundays the services will be at 8 p.m.

BAPTISMS

Tammy Florence Cain, daughter of Roy and Inge Cain, Edmonton. Lillian Ingrid Melse, daughter of Bert and Edith Melse, Leduc. Danny Frede Skjoth, son of Gunnar and Jeanne Skjoth, Entwistle.

WEDDINGS

Larry Dennis Bodersen and Gwen Yvonne Booth. Gunnar Hansen and Dorothy Christine Roch. □

The little boy was selling lemonade from two pitchers. In front of one was a sign, "Five cents a glass." In front of the other was a sign, "Two cents a glass." An old gentleman stopped, looked at the signs, and bought a glass of the lemonade at two cents. When he had finished, he asked, "How do you expect to sell lemonade at five cents when you offer such a good drink for two cents?" "Well," the boy replied, "the cat fell in that two-cent pitcher about fifteen minutes ago, so I thought I'd better sell out fast before the news spreads too far!"

Holiday Accidents Are Fun

By Leslie L. Morris

By accidents I mean those pleasant kinds like finding a new place to spend a holiday which is really a surprise.

My wife, Beth, and I usually spend our holidays camping somewhere in western North America like B.C. or Washington. This year we planned to go to Kettle Falls, Wash., where we usually set up our tent in the National Park there and just relax.

On our way down, we usually stop off at Kimberley, B.C., to spend the first night with Beth's brother and family to break the journey. This year they were also on holidays as we learned by phoning the night before we left.

This presented no problem because there are so many nice places to stop off for the night. When we were approaching Radium Hot Springs I suggested we stay at the Campground of Canada owned and operated by Vagn and Margaret Jakobsen who advertise in The Scandinavian Centre News.

This is the holiday accident I'm referring to and what a pleasant one it was, too!

They have some 40 acres of wonderfully wooded camping grounds—under trees, out in the open, near to the other campers, away in a secluded spot, or right beside the heated swimming pool which is where we set up our tent. Every morning all I had to do was walk a few feet from the tent and jump into a beautifully heated pool. This I did many times. It was great but that wasn't the only good thing there.

Let me get back to the beginning. The Campground of Canada used to be called the Whitehouse Lodge and it's located seven miles north of Radium, B.C., on the highway to Golden nestled on the edge of the town of Edgewater.

Vagn and Margaret Jakobsen took over the property some five years ago coming from Toronto. You may recall the story as told by Margaret of their eventful journey from Toronto to Edgewater in The Scandinavian Centre News some years ago. Vagn is Danish and came to Canada after the Second World War; Margaret is English and also came to Canada after the war. They met in Toronto, were married and now have three wonderful children—Elizabeth 16, Collin 14 and Penny 12. Earlier this year, Elizabeth spent a holiday in both Denmark and England visiting relatives all by herself. I might also mention that Vagn is a private pilot and does some flying around B.C. with another pilot who is over 70 years of age. Vagn also likes hunting as he recalls some of his deer and moose hunting experiences.

He assured my wife there were no bears around and that the droppings we saw were only deer and horse. He says many deer come into the grounds in the spring to feed with the three horses they have. They also have a dog who overseas the place but doesn't make too much noise about it.

Besides lots of space for tents and trailers, there were some three double and one triple cabins, four cabanas (supply your own bedding) as well as about four spots where one could plug into the electricity. We used one the cabins the first night and it was really nice—fridge, stove, bathroom with shower, lovely beds and an outside veranda where you could sit in the shade or the cool of the evening.

Well, we had two weeks to spend and all we wanted to do was relax. Putting up the tent was the easiest to date—I didn't even swear once, even though it was around 100° in the shade. The first thing I did afterwards was put on my swimming trunks and go for a dip in the pool. It was wonderful, and although I hadn't swam for over 30 years, I thought I did well. After swallowing a mouthful or two of water I soon learned how not to do that. The rest of the day I just lolled around in my bathing suit.

We got up late in the mornings, even though at first we woke up at our usual getting-up-time-for-work, and cooked our own breakfast as well as another meal later in the day. It took me a whole week to really get unbound, then the next week was relaxing at its very best. We sat around in and out of the sun reading and snoozing, and I went into the hot pool continuously, as did others in the camp. It was a great attraction, especially for the young people. There were also swings for the younger ones.

The first week there it was over or around 100 above and it was wonderful. The first weekend was a long weekend and it had to rain on the Saturday and be dull the next couple of days. Then when Tuesday came it became hot again. Typical, eh?

Some days we went down to Radium, but mostly we went to Ivermere, a few miles the other side of Radium towards Fairmont Hot Springs on the Kimberley road. My wife had her hair done twice in Ivermere—I treated myself to about three shaves by the barber. His name was Tony and instead of "barber" they called him "Tony the Butcher". His razor was dull, he admitted it, and he didn't get much call for shaves anymore. However, this is one treat I allow myself on holidays—a shave by a barber—it's so refreshing.

The first morning we went down to Ivermere I smelled smoke so I told Beth I wish I could find where the Indians were smoking their fish so I could get some. It was a nice sweet barbecue smell. As we walked further down the street to the corner we saw that the hotel had burnt down. They must have had lots of meat in the restaurant. Tony was also the fire chief but he said he was out of town that weekend and had missed it. The whole town except Tony was very sleepy that day for no one got much sleep that night. Everyone said it was a rattrap of a hotel and they needed a new one anyway.

We also went to Windermere a couple of miles further down the road. There is a hotel there and I stopped for a beer or cider once in awhile. It sure was hot and you could hob-nob with the local people, including Indians, and many tourists. Most of the tourists were from Alberta, especially Calgary. While there I met a fellow I know in Edmonton. Also while at the golf course having some refreshments I ran across another fellow from Edmonton. It was quite hot in the small Windermere hotel bar and later while we were there they installed an air conditioner which was a great thing.

Beth and I used to visit this area just after we were first married and it was nice to reacquaint ourselves with it again.

After the first week I got tired of doing our own cooking so we went out to some of the better restaurants for our second meal of

the day. A nice spot was the Europe (Continued on Page 8)



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BUFORD VASA LODGE

By Dolores Johnson

The July meeting was very poorly attended, so after a few items of business were discussed, coffee was served and the members visited.

Many of the members have enjoyed holidays, some of whom are: **Tillie Kvarnberg** at Nelson, B.C. and Sacramento, Calif. by bus for 3 weeks. **Tony and Pat** in Jasper for the long weekend. **Alice Evanson** and **Denise** in Banff. **Erling, Mary and Douglas Lunde** in the Cypress Hills for a few days. **Helga and Alf Hoyem** in Kelowna. **Betty and Harry** and "Skinner" **Hanson, Algot Pearson, Olive, Susan and Howard Davies** for a few days in Drumheller and surrounding districts. **George, Doris, Heather and Melody Modin** to Vancouver for 2 weeks. **Bob and Barbara Pearson** flew to Uranium City for a few days of fishing, with no luck! **Bert and Toots Pearson** to Brazeau Dam. **Albin and Wanda Marskstedt** at Pigeon Lake showing their grandchildren, **Tracy and Jimmy Cunsch**, the fun in a tenting holiday.

Two of the Vallan's children have had misfortunes lately, one breaking his arm and the other getting a concussion from a horse and having to be hospitalized overnight.

The Wiener Roast at Markstedts was quite well

attended, and everyone had a good time in spite of the cold, windy weather.

Clare and Alice Evanson hosted a lawn party recently for several of their relatives.

Elvin and Anna Wold have sold their farm and will be living in Leduc at 34 Huron Drive (Corinthia Park). A farewell party was held for them in Yeoford Hall. It was an informal evening of skits and jokes, visiting and dancing. During the lunch period they were presented with a gift of money. Good Luck to you both in your retirement!!!

Congratulations to **Alice and Clare Evanson** who celebrated their 30th wedding anniversary recently.

Visitors recently have been: **Clara Forsberg** of Kelowna at her daughter's home, **Alf and Helga Hoyem**. **Jeanne Westlund** and children of Drayton Valley at her parents', the **Bert Pearsons**. At the **Harry Hanson's**, **Harry's** cousin, **Johnny Hanson**, from Hutchinson, Kansas.

In Edmonton the other day, **Bernard** and I patronised a new eating place, **Sir Galahads**, and found it a wonderful place. They cater to the people with families so I'm sure you will enjoy taking your children there. □

Holiday Accidents (Continued from Page 7)

Motel which a young east German and his lovely Japanese wife ran. She cooked up a wonderful Japanese dish which we liked very much. There were other dishes, too. Another one I liked was called "beef roll"—something like a cabbage roll only larger, instead of cabbage it was beef and the inside was cooked chopped onions and bacon—delicious! Unfortunately one night my wife had the chicken dish and was sick the next day, so you can never be sure about eating out.

We also had a couple of nice meals at the Radium Lodge in the dining room called **Clan Chattan**. At first I thought they had misspelled **Chateau** until I read the menu and it explained that it was an old Scottish clan name, so I had my favorite Scotch Ale that night. There was a lovely young girl singing with an organist. She was nice.

I've always found that coffee is the worst beverage to get when travelling (except in Scandinavia) but we had a couple of meals at the

Radium Golf and Tennis Club and their coffee was indeed very good. I immediately thought of that coffee advertised on TV but, when I asked the waitress, it was another brand, so I'm still convinced that the coffee brand makes a difference but the coffee maker makes the most difference. Also the coffee at the **Clan Chattan** was fine too.

Another place we went to eat out was in **Athelmer**, at the hotel lodge. The steaks we had were excellent, but the coffee was dishwasher—ugh! Another nice place we ate at was the **Prospector** in Radium. It's on the main highway between Edgewater and close to Radium and one of the owners, a man, did the cooking, and it was very good indeed—even the coffee was fairly good.

Vagn, Margaret, Beth and I went out one evening for dinner and enjoyed ourselves very much. The **Jakobsens** are such likeable people—I felt as though we had known them for years. It was a hot evening and **Vagn** wore a tie and I tried to wear my jacket without a tie, but I had to take it off. **Vagn** stoically left his tie on—brave and gentlemanly fellow.

That was the only time I shaved myself until the day we left.

We also visited with them in the **White House Lodge** where they live and had some pleasant evenings chatting over a bottle of wine. **Vagn** still gets many Christmas cards from people he did insurance business with in Toronto.

Another thing which I took advantage of was the sauna. I have one every week in Edmonton, but I must have had a dozen while I was there for two weeks. I told **Vagn** that I'd have one every-time another person asked for one. It takes quite awhile to heat it up and seems such a waste for just one person so I took one every time he got it fired up, and loved it. I jumped into the pool after each one. One night **Vagn** left the pool open long after the regular closing time just so I could jump in the pool after a sauna. I sure appreciated that. There were several times that I had the pool all to myself. We usually sat outside our tent just on a knoll a few feet away from the pool reading or just lolling around, and I'd wait until everyone had gone and jump in for a dip. What more could you ask? Hot swimming pool all to yourself! Whow!

I was surprised to hear few birds chirping, especially in the morning when the day began to dawn—the sun came over the eastern mountains around 7:45 a.m., although it was light long before that, of course. One explanation for the lack of birds was that after spraying for mosquitoes the birds ate the mosquitoes and died off. However, I was up early one morning and saw quite a few birds but they were quiet. They didn't have those big city jitters, and didn't scream all over the place. They were country birds, relaxed and quiet. I was finally beginning to relax in the same way. It's catching.

Because my wife didn't swim, she was pleased that the camp had showers. Most camps we have been to don't, so she enjoyed it better. The **Campground of Canada** is a nice quiet place and delightful for children with the pool the great attraction. New visitors first came to the pool in their clothes, looked at the pool, felt the water, saw how everyone was enjoying it, went away and promptly came back in their bathing suits and were soon enjoying the pool, too. The pool is a great place to break down barriers and soon all were enjoying their new friends as though they had known each other for years.

Vagn looked after the pool meticulously, too. Each morning **Vagn, Collin, Elizabeth** and **Collin's** friend vacuumed the bottom of the pool, skimmed the surface, scrubbed the cement deck surrounding it and chlorinated the water. It was as good as any drinking water—I should know—and it was around 75 to 80°.

There were squirrels around there, too. A litter of little ones had just been born before we arrived. One kept crossing in front of me while I was sitting around, back and forth—empty one way, mouth filled going back. When someone came around he'd scamper up a tree and look down at you nonchalantly. There were also a couple of tame rabbits who had the run of the place.

All in all we had a good holiday with no mishaps. We both got a little browner, a little healthier, more relaxed and happier. We've got our space picked out for next year and hope to stay three weeks. It's no place for hoot 'n' hollern and drunken parties, but what a place to relax! □

LIEF EIRIKSSON CLUB

By Bjorgvin Sigurdson

Not much doing this summer, compared to last year—no Reykjavik Band to prepare for, etc.

First highlight of the season was the **Markerville Picnic**. The committees in charge of the activities in connection with it are to be congratulated for a job well done. Too bad that the weatherman did not cooperate better in support of the sports.

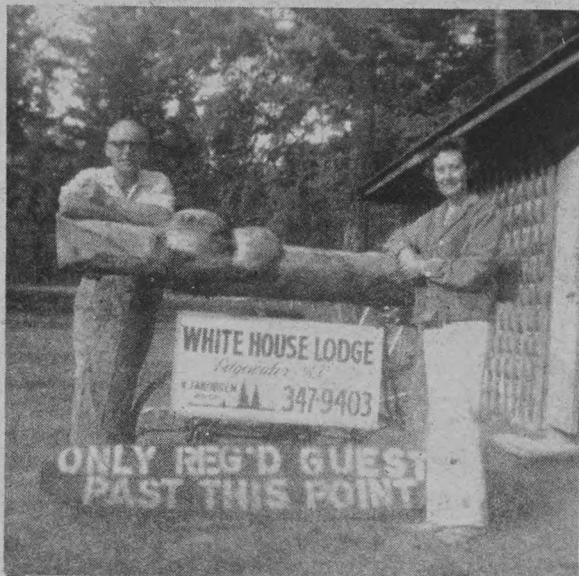
The second highlight was our participation in the **Calgary Stampede Parade**. The **Scandinavian Co-op Centre** entered a float, in the **New Canadian** section. Participants were **Iceland, Finland, Norway and Sweden**. The National flags of these countries were flown on the float—each flag supported by a girl in the native dress of her country of origin. **Laura Hale** represented **Iceland**, (Thanks, **Laura**). The theme of the float, a folk dance scene by youngsters from each ethnic group. To **Inga Hinrikson** goes a bouquet for training the dancers who also were in native dress. Surprise! This float won a trophy! While the float was very nice and tastefully decorated; I believe the judges

only looked at the bevy of Scandinavian girls on the float—it, no doubt, being the most beautiful sight their eye balls had ever encountered, they looked no further for a winner. We were very proud of our entry and thrilled with winning. Credit goes to all the groups who worked so hard and well towards a deserved success. (Later we hope to have a picture of the float with its occupants for the paper.)

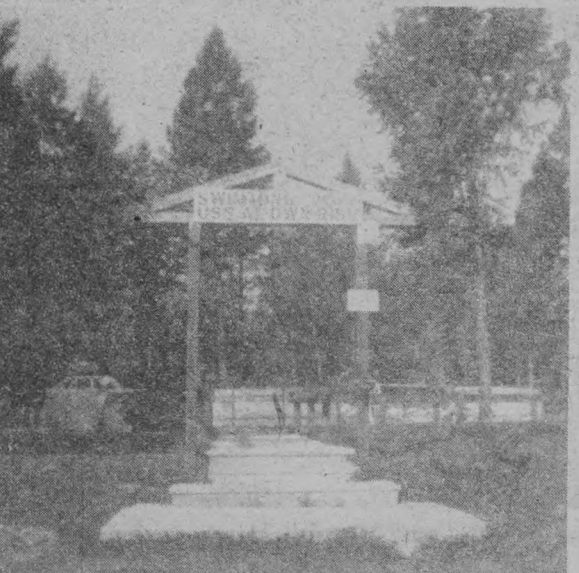
Am sorry to report that **Amy MacDonald** is in the **General Hospital** for tests and check-ups. **Amy** has not been feeling well this summer. We certainly hope that she will be out soon feeling her natural self.

Congratulations to **Shirley Thorsteinson** and **Solly Sigurdson** on their marriage. We wish them health, wealth and, above all, happiness.

A former member, **Helga Malis**, was in town last week. The **Malises** now live in **Winnipeg**. They took in the **Icelandic Celebration** at **Gimli** in early August, and reported it well attended and, as usual, a success. □



Vagn and Margaret Jakobsen



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The early morning outdoor gymnastics carried out before breakfast.



Edmonton Solglyt Lodge #143 Ingvald Vigen, Alvin Vigen, Anders Anderson, Olga Vigen, Johanna Reno, Bjarne Myhre, Joe Reno, Bernice Nyhus, Avis Vigen, Betty Anderson, Eleanor Anderson, Astrid Hope, Paul Anderson, Anders Anderson, Lillian Sveen, Christina Anderson, Linda Nyhus, David Vigen, Allen Anderson, Mark Myhre, Carol Anderson, Darin Vigen, Anders Nyhus, Gregg Nyhus, Lorin Vigen, Brian Anderson, Peter Myhre, Lois Anne Vigen.



The teenagers singing, "Hils fra mig der hjemme" and "Millom bakkar og berg" as the finale to the evening program. Paul Anderson accompanied on the accordion.



Mrs. Astrid Hope and Mrs. Lil Mirtle with the embroidery, knitting and tapestry class.

S/N Language

(Continued from Page 1)

Horst Schmid to each of the Sons of Norway Lodges; namely, Grande Prairie Northern Lights Lodge #493, Camrose Ronning Lodge #504, Calgary Valhalla Lodge #341, Claresholm Hamar Lodge #345 and Edmonton Solglyt Lodge #143.

As Director of the Language, Cultural Arts and Handicrafts Summer Camp, I would like to extend a thank you to all those persons including the young people who assembled at Silver Summit in full cooperation to participate and assist in the successful completion of this program. In the future I foresee a Summer Language, Cultural Arts and Handicrafts Camp each year in the furtherance of the development of Norwegian culture within Norwegian homes and the injection of this culture into the Canadian community at large.

It is hoped that there can be a cooperative effort between each of the five Scandinavian groups, namely, the Danish, Finnish, Icelandic, Norwegian and Swedish societies to rent the facilities at Silver Summit for a complete 2 month summer program wherein anyone might enroll in any of the five ethnic group summer camps and become better acquainted with the cultures of the other societies.

Do You Know These People?

Trying to locate information on the following people:

Christian Hansen Ballsrud, born 30 June, 1834, Feiring, Akershus Co., Norway. He went to Westby, Wisconsin in 1954. His father was a teacher and his mother lived to be over 100.

Marie Eners-datter Bø, born 27 May, 1839, Ringebu, Gudbrandsdalen, Norway. She went to America in 1854 with two brothers, Albert and Engebret, who used the name Enersen. The parents were said to have died of cholera on the ship coming over or in a New York hospital. A sister was buried at sea.

Contact: Mrs. Fay Parr
Route 2
Tomah, Wis. 54660
U.S.A.

Trying to find out what became of my friend, Ystein Vike, from Aakre, Sundhordland, Norway. He came to America in 1925. Last seen and heard of in 1928. Someone had met him in Fargo, N.D. Mrs. Ystein Vike died sometime between 1930 and 1940. Mr. Ystein Vike has three brothers and two sisters in Norway, but none of them know what became of Ystein. If there is anyone in this country that should happen to know and can remember Ystein Vike whose age would now be 77, contact:

Tom Stolaas
Newfolden, Minn. 56738
U.S.A.

Wonder if anyone of the readers have heard or know of any of these people, who moved from Møstrand, Rauland, Telemark around 1870 to, as far as has been found out, somewhere in Illinois. They are: Sigrid, Birgit, Anne and Ase Vaagen. Have heard Birgit became Mrs. Gunnar G. Vaa. They also had a brother Olav who used the name Myri. They were the sisters and brother of my grandmother.

Contact: Eivind Oyestaul
Box 1094
Wetaskiwin, Alta.
T9A 1Y1

Silver Summit is an area that is typical to the Scandinavian countries. The facilities are second to none, the cost is reasonable.

To those persons who are, by the success of the Norwegian Language, Cultural Arts and Handicrafts Camp, interested it is recommended that you make immediate application for registration to Torske Klubben of Sons of Norway through Gordon

Berdanl in order to ensure that you will have an opportunity to participate and enjoy the cultural benefits that the 1973 participants are determined to return to.

It is not a certainty that grants of this nature and for this purpose will be possible for the future years; however, each of the groups should initiate a fund raising program which could assist in the financing of such an undertaking without grants for this program. □

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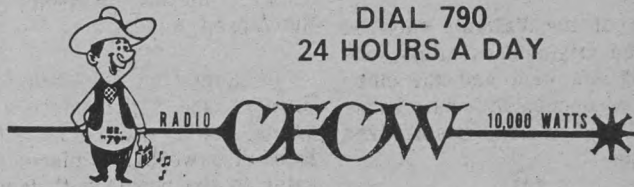
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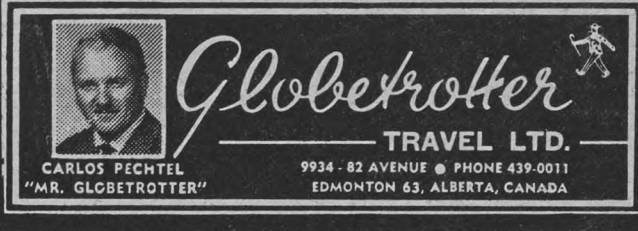
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Mrs. Kari Myhre with her junior language class.

"Dovre Fjell"

(Continued from Page 3)

a daily timetable which organized a schedule for the early morning rise, gymnastics, meals, house-keeping, teaching, free period, handicrafts and the evening entertainment. Instruction of handicrafts was prepared and organized by Mrs. Astrid Hope whose program included such items as cross-stitch (kors styng),

hardanger embroidery (hardanger broderi), knitting (strikke), Norwegian folk art painting (rosemaling), crocheting (heckle), bargello or tapestry stitch (aakle broderi) and a weaving demonstration.

It was a great privilege that on Friday morning Mrs. Debbie Brockway gave us a demonstration of weaving, which also is another popular handicraft in Norway. Nor should it be forgotten that there were many tables of rock, pine



Weaving demonstration by Mrs. Debbie Brockway.



The faithful kitchen staff, Mrs. Avis Vigen, Mrs. Betty Anderson, Mrs. Johanna Reno and Mrs. Eleanor Anderson.

cone and paper plate painting for the younger and also the older groups. Two cooking sessions of lefse and small cookies were arranged for the interested girls.

Most fortunately, the camp was blessed with the presence of Mrs. Eleanor Anderson and Mrs. Betty Anderson, who planned a most diversified menu including a Norwegian smorgasbord breakfast on Sundays, Norwegian meat balls and various other foods to which the Canadians were more accustomed. Where else but in Norway itself would one have found such fine food and hospitality. It must not be forgotten, that in addition to Eleanor and Betty, the kitchen was also staffed by other members such as Mrs. Johanna Reno, Joe Reno, Mrs. Avis Vigen and, much to our surprise, Harold Myhre from Calgary prepared some of the best pancakes one morning that we had ever tasted.

There were 42 persons enrolled at "Dovre Fjell" this year. Those attending the camp were as follows:

ADULTS**EDMONTON—**

Anders Anderson, Eleanor Anderson, Betty Anderson, Astrid Hope, Bjarne Myhre, Bernice Nyhus, Kristian Nyhus, Alvin Vigen, Avis Vigen, Ingvald Vigen, Olga Vigen, Joe Reno and Johanna Reno.

CALGARY—

Kari Myhre, Harold Myhre and Lil Mirtle.

TEENAGERS**EDMONTON—**

Anders Anderson Jr., Christina Anderson, Allen Anderson, Paul Anderson and Lillian Sveen.

GRANDE PRAIRIE—

Gena Pettersen, Delaine Haugen and Glenda Solheim.

CAMROSE—

Sharole Anderson, Colin Anderson and Debbie Torpe.

CALGARY—

Ellen Vesterdal.

CHILDREN**EDMONTON—**

Carol Anderson, Brian Anderson, Mark Myhre, Peter Myhre, Darin Vigen, David Vigen, Lois Anne Vigen, Lorin Vigen, Anders Nyhus, Gregg Nyhus and Linda Nyhus.

CALGARY—

Karen Mirtle, Michael Mirtle and Paul Mirtle.

The ages of the group ranged from five years, Lorin Vigen, to eighty-six years, Ingvald Vigen. There was no generation gap. Everyone enjoyed themselves. There were three complete families with children and two families complete with grandparents, as well as three families with one parent attending.

The daily routine began with Reveille at 7:30 a.m. for everyone. The kitchen staff rose each morning before 7:00. Rise and shine duties were completed by 8:15 followed by a brief gymnastic session, which carried on inside

or outside as weather permitted.

As soon as the gymnastics were completed and the cooks were prepared to serve breakfast everyone returned to the tables where they sang "Grace" (grace in true Norwegian custom was sung before each meal). It was sung to the familiar tune of "Praise God From Whom All Blessings Flow". The words for "Grace" were as follows:

I Jesu Navn gaar vi til bords,
At spise og drikke paa dit ord,
Dig Gud til aerve os til gavn,
Saa faa vi mat i Jesu navn.
Amen

After breakfast various duties were assigned to each of the teenagers which included dishwashing, cleaning the floors, putting away the dishes, wiping the counters, cleaning the washrooms. Even the younger children helped by wiping the tables and moving the chairs, and vacuum cleaning around for the teenagers. Everyone co-operated.

From 10:00 to 10:30 a.m. language classes were held for the adult, teen, the intermediate and the children.

10:30 to 11:45 a.m. provided time for handicrafts, hiking and various other free time activities.

11:45 to 12:00—Everyone washed up for lunch.

12:00 to 12:30 p.m.—Midday meal preceded by Grace.

12:30 to 1:00 p.m.—The teenagers returned to the dishwashing and other cleanup details.

1:30 to 2:30 p.m.—Language program for adults and teens with only one-half hour for the smaller children.

2:30 to 5:15 p.m.—Was devoted to more handicrafts, volleyball, badminton, horseback riding, hiking, riflery and handicrafts to each individual's preference.

3:00 p.m.—Coffee or juice time.

5:15 to 5:30 p.m.—Wash up for supper.

5:30 to 6:00 p.m.—Supper time preceded by Grace.

6:00 to 7:00 p.m.—The normal dishwashing, table, counter and floor cleaning details.

7:00 to 7:30 p.m.—Language classes for adults, teens and children.

7:30 to 10:30 p.m.—Singing, folk dancing and what other activities the smaller children were interested in.

10:30 to 11:00 p.m.—Bedtime.

11:00 p.m. and onward—Sleeping or Norwegian whist.

The language instruction areas were facilitated by the large spacious accommodation and therefore not confined to small classrooms. Only the young children were instructed in a separate classroom in order that their attention would not be distracted.

When the sun came out Tuesday everyone took the free time session to take advantage of the outdoors and enjoy

horseback riding, hiking, rock picking, running about outside, or enjoying the scenery.

On Wednesday an organized hike with Gordon Brockway, manager of Silver Summit, acting as guide, led us for an eight-mile hike over Silver Summit Mountain. The climb was up and down, up again and down, through brush, swamps, across creeks and in one section down a muddy, wet and slippery, steep hill which very few will never forget sliding down.

At noon the hikers stopped for lunch at a picturesque wooded enclosure beside a rushing water creek. Each had his own individual picnic lunch prepared by the thoughtful kitchen staff.

After resuming the hike further up the mountain everyone stopped beside an old abandoned lumber camp for their language class session where they learned the different Norwegian terms pertaining to the surrounding nature. The younger group, guided by Kari Myhre, also went on a smaller hike and had their prepared picnic lunch outside.

On Thursday, after lunch, a swimming excursion 30 miles away to Emerson Lake was arranged. Three vehicles were loaded with enthusiastic swimmers. The station wagon was jammed with 16 teenagers. The whole trip was a session of singing and laughter. After a one-hour swimming session the students were called for their language class on the beach, in the shade of a large spruce tree and around a picnic table.

At 3 o'clock the children stopped to enjoy the special treats brought along for the trip. Unfortunately the outdoor excursion was cut short by a pending storm. The braver portion of the group insisted on a Nature walk around Emerson Lake where they viewed beaver dams, beaver homes, beaver cuts down to the lake, trees chewed down by the beavers and a dam between two lakes set between an esker separation of the two lakes which created a four-foot difference in the level between the two lakes.

By Thursday the trampoline was set up, much to the enjoyment of all the teenagers and children. This proved to be a very popular past time, even more so than the horseback riding, which almost caused a number of the horses to go on strike. In fact, Alvin Vigen had to push his horse up a hill.

The evening schedule was varied in that the youngsters one evening had a pajama party at which they sang different songs, some in Norwegian and others in English. The teenagers were engaged in learning Norwegian dances to the Norwegian folk dance tunes prepared on record by Olaf Sveen and Irene Hovde.

On two various evenings, Kari Myhre presented beautiful slides and an excellent commentary about her Summer School tour through Norway which, in itself, was a truly educational presentation. Most every evening the adults got together for a hand or two of Norwegian whist.

Everyone looked forward to Saturday for which the ski-lift ride had been planned and authorized by courtesy of the management of Silver Summit. At 2:00 p.m. everyone gathered at the ski-lift base for a ride up to the 4,000-foot elevation. It was a beautiful, sunny day and nature below looked grand! Even 86-year-old Ingvald Vigen and his wife, Olga, were courageous enough to follow suit. I can imagine he could have been quite a skier during his day in Norway, but, as he said, he was

(Continued on Page 11)

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Mrs. Lil Mirtle and Anders Anderson planning and Co-ordinating the camp activities program.



Mrs. Astrid Hope with her junior handicraft class engrossed in the art of rose painting rocks.

“Dovre Fjell”
(Continued from Page 10)

born on the flat prairies where there were no ski-lifts. To the surprise of everyone Mrs. Vigen, among others, hiked back down the “fjell” which as all skiers know is quite steep. Another party took off for a longer hike while the lazy ones rode down from the ski-lift. Those that were less lazy, like Anders Anderson Sr., took the short hike down.

It should not be forgotten that on Friday evening we had visitors from Calgary, Mr. and Mrs. Knut Vesterdal, their son, Arthur, and daughter, Kathy. From Edmonton there were Inge Anderson and his son, Sidney, and Kristian Nyhus, who were followed on Saturday afternoon by Mr. and Mrs. Sigurd Sorenson who arrived just in time to enjoy the ski-lift ride up the top of Silver Summit.

Saturday evening was the climax of the week ending with a big outside bar-be-que steak and hamburger supper prepared by Inge Anderson, followed by a marshmallow roast. About 8:00 p.m. everyone assembled in the lounge for the program which involved the display by the students of their language and arts classes with skills clearly indicated that the program was enjoyed by all. In addition to the program, all the handicrafts tables displayed the many handicrafts prepared by the students during the week.

Special note should be made of Johanna Reno’s rock painting and rosemaling display as well as the “Troll Land” display prepared by Astrid Hope and the children. There were Trolls of every discription made up of painted rocks and materials mainly from the surrounding area. Each item was made to the individual’s own taste and artistic ability. There were Trolls amongst the mountains, peeking between pine clumps, behind the Troll house and one at the door welcoming all to “Dovre Hiemen”. There was a border of flowers made of colorful pine cones along a white, stony path leading back into the mountains. The Troll home was made from revel sticks painted brown with a spruce bark roof. The ground was composed of moss gathered from the area. The backdrop was suitably painted by one of the enthusiastic youngsters, Allen Anderson. Enthusiasm never seemed to die down in that department. Even on the last day, during the last hike, rocks were still being gathered and painted into gruesome appearing Trolls.

In true Norwegian custom, no evening was complete without coffee, lefse and kakker.

Everyone enjoyed the Language, Cultural Arts and Handicrafts Camp. Each showed

enthusiasm for attending camp 1974. Our advice is to enroll now for the experience of your lifetime.

The pilot camp, just finalized, was a success. If there were any deficiencies they will most certainly be corrected for 1974 which should be bigger and better in each ensuing year.

To the Torske Klubben, Sons of Norway Solglyt # 143:

“On behalf of all at “Dovre Fjell” in 1973 ‘Mange tusen tak’ for the opportunity you offered to us in the development of our Norwegian culture and the wonderful experiences we all encountered in that one week.”

Mrs. Astrid Hope
Cultural Director
Sons of Norway

Multiculturism
(Continued from Page 2)

living in a predominately French-speaking environment, but they, in their turn, should give due consideration to the many variations that exist in other areas of their vast country.

Now, as we approach the hundredth anniversary of Confederation, Canada has a multicultural problem. Approximately one third of the population is French in origin, one third is British and one third is composed of many other national groups. Is this large and increasing third group to be sacrificed on the altar of biculturalism and bilingualism?

When these two dominant groups have settled their differences and come to terms with each other, will they give some thought to the rights of the other third of their “fellow Canadians” who may have justifiable aspirations of their own? Given official recognition and a fair opportunity, this other third of our population can, in their own way, by tapping the riches of their own heritage, contribute immeasurably to the development of our emerging Canadian character and, by honest effort, make their maximum contribution to many fields of human progress. The parents and grandparents of this other third were invited to come to Canada by special representatives of the National Government. They were urged to come to Canada rather than to the United States by these special agents, to help Canadians build their great railways and highways, to develop the agricultural areas and the vast natural resources of the country. They were strongly advised to retain and preserve an abiding interest in their own languages and cultures. These exhortations have been constantly repeated to many groups by successive representatives of the Crown, from Lord Dufferin to the Hon. Vincent Massey. Speaking to the citizens

of Gimli in May, 1955, the Hon. Vincent Massey said—“You, in this region, have become good Canadians in the fullest sense of the word, you have sent your sons to fight for Canada; you have entered into the enterprises and activities of this country. I sincerely hope that, although you have Canadian loyalties, you won’t forget your origins and discard the traditions and culture of your ancestors. May the richness of your heritage continue to be part of your lives and an inspiration to us all.”

Canada is, in actuality, a league of nationalities—not two nationalities. If there are two main streams of language and culture, let us all respect them. Let these two, in their own way, respect each other and respect the rights of the rest of Canada; this other third which will never wholly belong to either one or the other, but will ultimately blend into something quite different from either English or French. Language is a convenience and a necessity in any society. It also surely represents in its finest forms of prose and poetry, our greatest cultural heritage. For the most part, people will only learn and use the language they need in their daily lives and will never go further, no matter what provincial regulations are made.

I would encourage bilingualism—the speaking of two languages. I would place no restrictions on a young Canadian. Let him have the widest choice. If he chooses to learn Chinese, Spanish, Hebrew or Russian as a second language he should be encouraged to do so. He will help to bridge the gap between nations with whom we trade and with whom we wish to maintain the most friendly relations.

In our schools we should offer a second language as early as possible. In most communities this will be French and English. What about a predominantly Ukrainian community in Manitoba? Should these children be compelled to study French before they are allowed to receive instruction in Ukrainian?

The Manitoba Department of Education advises me that Latin is started in Grade 8, German in Grade 7, French, for French speaking students has a trial run from Grade 1 beginning this year; Ukrainian is also being taught on a trial basis this year. In our special night schools, conversation in a number of languages is available, i. e. Spanish, German, etc.

At a meeting held recently in Winnipeg, Mr. W. J. Sarchuk said: “Bilingualism or tri-lingualism should be and always has been a personal thing—it simply means that the Canadians who have the will to learn a second or third language, should have an opportunity to do so.”

“Canadians,” he said “are intelligent people—and as such—they should have a full choice of the additional cultural enlightenment, or linguistic studies they wish to pursue.” At the same meeting, Dr. Leo Faryna of Edmonton said that “our feeling is that the concept of biculturalism and bilingualism as they are being interpreted presently are too exclusive—French and English only.”

It seems to me that Dr. Watson Kirkconnell, President of Acadia University, formerly on the staff of the University of Manitoba, sounded the correct note over 25 years ago when he said “The finest stimulus to great achievements in the future is a consciousness of great achievements in the past. And if all citizens, of whatever racial extractions, felt that the cultural glories of their past were known and appreciated by

the community, it would be a spur to further high accomplishment. Mutual knowledge, mutual sympathy, and mutual emulation in cultural attainments would surely shape a national life of astonishing richness.”

“What better gift,” he said “could North America make to the world than the creation of a society in which cultural catholicity of sympathy and enlightenment was the birthright of every citizen.”

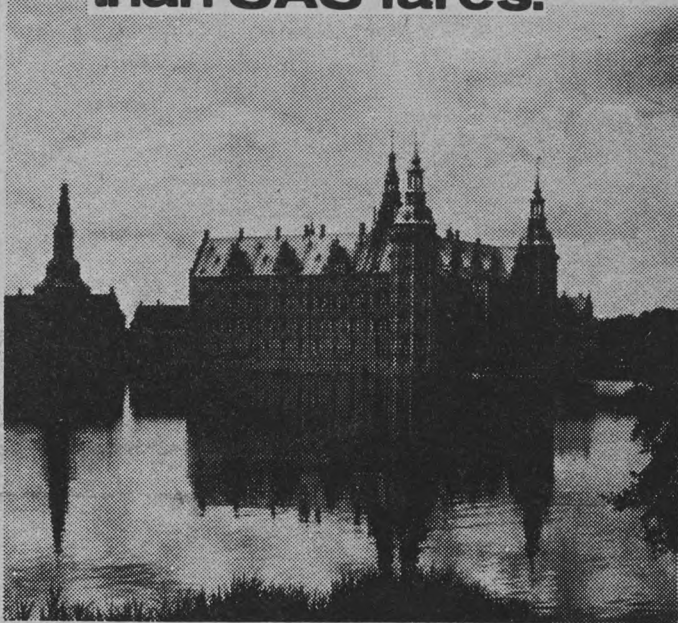
If we are going to survive as a nation, all Canadians, irrespective of their provincial affiliations, must think in terms of what we can contribute to Canada—not how much we can get out of Confederation. We must never allow Canadian biculturalism or bilingualism to become just another political “football” to be kicked around for political advantage.

My plea, Ladies and Gentlemen, is that we broaden our horizons and accept our responsibilities, not only as citizens of Canada, but also as citizens of the world.

We shall achieve our goal sooner, and more effectively, if we adopt a broad approach to the problems of language and culture. We must aim to develop a new Canadian educational pattern based on the national and international developments since Confederation. As Canadians we cannot afford, in this new age of science and international interdependence, to think, to talk, or to act as though nothing has changed during the last one hundred years.

Whatever changes we may make in the British North America Act in the years ahead, let the initials B. N. A. in the future stand for BETTER NATIONAL ACCORD.□

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MR. SVEEN: The dreams you have given us all seem to have adversity as a theme. Is this typical?

DR. NELSON: Indeed it is. They largely run in that direction. I would like to discuss this characteristic with you later since I have some information on the content of dreams in modern day for purposes of comparison. But before we do this, there is one other type of symbolic image we find in Norse dreams. This is called the "fetch".

MR. SVEEN: A strange word—"fetch". Let's see—the word fetch in everyday language means to go after or bring back, such as to "fetch a package" for someone. Is there a relationship here?

DR. NELSON: Only vaguely. It seems closer to the meaning of fetch in those British dialects which use the word as equivalent the "wraith" of a living person. A "wraith" can be regarded as an apparition of a person thought to be alive as seen shortly before or after his death.

In the Old Norse literature we find the fetch as a counterpart or representation of the living person which appears in dreams and visions. The fetch does not mean imminent death, however, and almost always appears in the dream as a form of an animal. The fetch oftentimes expresses a critical attitude towards the dreamer in the dream. Also, a dream fetch is not necessarily one particular kind of animal. It may vary from dream to dream and thus is only superficially similar to the totem animal. For example, **Atilla the Hun** who figures so prominently in Norse literature has dreams prophetic to the slaying of his two sons. In one, the fetches of the boys are represented as hawks flying from his arm to the land of the dead, and in another, as whelps (probably wolf pups) torn from him and turning to corpses before his eyes. I will give you both of the accounts as translated from the **Elder Edda**. Atli dreamed:

"I thought hawks flew, hungry, from my hand to the domain of the dead; I seemed to eat their hearts with honey, swollen with blood, sorrowful of mind."
"I thought moaning whelps slipped out of my arms, both howling; it seemed to me that their bodies became corpses; reluctant, I was forced to eat of it."

In some of the dreams I have previously reported to you there were also fetches. The eagle dreamt of by one of **Harald Hadruler's** men was a fetch of a Valkyrie. The eagle was widely used as a fetch and the wolf, bear and raven are also very common. The wife of **Hognir** who is fated to be killed in the court of **Atli (Atilla the Hun)** dreamt of a bear breaking up the high seat of the hall and the eagle flying through the hall and sprinkling everyone with blood.

In **Njall's Saga** we have several dreams involving fetches which you may find interesting. The first uses the bear as the fetch form and the second the wolf. Here they are:

"I thought I saw a great bear go out of the house, and I knew that the match for this beast was not to be found, and two cubs followed it, and wished the bear well. He made for **Hrutsstadir**, and went into the house there. Then I awoke."

"I thought I was riding on by **Knafaholar**. I seemed to see very many wolves, and they all attacked me, but I retreated toward the **Rang river**. Then I thought they came upon me from all sides, but I defended myself.

I shot all those which were foremost, until they made at me so that I might not use my bow. Then I took my sword and fenced with it in one hand, and thrust with my halberd with the other. I did not protect myself then, and I did not know what shielded me. Thereupon I killed many of the wolves, and you, **Kolskeggr**, did likewise; but it seemed that they had **Hjort** down and were tearing at his breast, and that one had his heart in its mouth. I thought that I became so furiously angry that I hewed the wolf asunder just behind the withers; after that the wolves fled."

MR. SVEEN: Are you prepared now to say something about the mentality of the Vikings as revealed by their dreams? How do they compare to the dreams experienced by people living today?

DR. NELSON: I do not want to go over some of the material we discussed previously where it was pointed out that the Norse had an extensive method for interpreting dream symbols which, although different than that employed by psychoanalysts and psychiatrists today, stemmed from a coherent philosophy and reasonably well integrated body of knowledge about the world. I can't refrain from telling you a story about dream symbols, though!

In traditional psychoanalytic dream interpretation, sexual repression is the keynote and dream objects are accordingly very often interpreted as substitutions for sexual organs. For example, if one dreamt of a knife of a church steeple or a sword, the symbol might be considered as the equivalent of dreaming of the male organ. In the Norse interpretation this would not be the case of course. Psychologists in general make light of psychoanalytic and psychiatric interpretation such as these and sometimes employ the Viking interpretations to do so. I once had a psychologist friend who insisted in turning all of the psychoanalytic interpretations into Norse dream symbols. He always claimed that if you remember seeing the male organ in your dream that it was a knife symbol and that you were hostile and planning to do someone in!

Getting closer to your question, though, I think that we might talk about the actual content of the Norse dreams and how their content compares to that we find in modern day.

Kelchner, in his book, **Dreams in Old Norse Literature**, tried to follow the Norse dream materials through to modern day by studying the dreams reported in late medieval and modern folk literature, as well as the Norse dreams. He is not very successful in drawing out continuities, in my opinion, possibly because the concrete material of the dreams are so largely culturally determined.

MR. SVEEN: Can I interrupt you here and ask you what you mean by "culturally determined"?

DR. NELSON: To be sure! Dreams, you know, may be very similar to illusions or hallucinations. They do not depend very much upon stimulation from the physical world—certainly not to the extent that our perceptions in waking life do. We find when we inspect the hallucinations of the mentally disturbed, that the content of their hallucinations and illusions depend upon delusional systems which change with social conditions. For example, at one time there were many "Napoleons" in asylums but it is rare now—a-days to find one, but not at all unusual to encounter a "Hitler". Likewise, we

find persons in mental hospitals who complain about control of their thoughts by means of "electronic devices" and of being forced to behave in various ways because of "laser beams". A decade ago patients in hospitals claimed the telephone and radio were the culprits. Before that, it was hypnosis and animal magnetism, and so on.

What I am trying to tell you is that the actual figures experienced in a dream are in many ways incidental, their identity being determined by the culture in which one lives. The Viking dreamt about Valkyries and the Christians the devil. The precise figures that appear in dreams seem of little value when trying to understand the content of dreams, and they are a positive hindrance when one is looking for continuities from ancient to modern days.

MR. SVEEN: Well, if you do not look for a continuity in the symbols, how would you study the continuity in dreaming?

DR. NELSON: By studying the themes of the dreams. All dreams seem to have a theme which provides a global impression and these can be scored along three major lines. First, there are dreams which have what we call **Affiliative Themes**. These dream reports have relaxed or pleasurable interpersonal relations with other beings as their major characteristic. For example, a child sometimes may dream that, "My brother and I went swimming", or that "A boy in my room took every girl out to the show", or "I went to Camrose to see my cousin", or that "Mary kissed me".

The second type is a **Reward Theme**. Dreams involving pleasurable connotations other than those derived from interpersonal relations fall into this category. Reward dreams include those in which there is receipt of gifts, giving of praise, and in which mysterious tales of miraculous happenings are most prominent. For example, a child might dream that "I was on a TV Talent Show singing and dancing and people were clapping", "I dreamt about being in the Armed Forces and I was a General who had a great big car to drive", or "I dreamt I got a new watch from Daddy for scoring 25 points on our basketball team".

The third type is called **Tension Themes**. **Rychlak**, who designed the dream analysis manual, breaks this category into three subparts. "Fear or anxiety" dreams are ones in which the hero is the recipient of punishment, acts of hostility, harmful accidents. "Aggression or hostility" are those in which some other persons than the hero is the recipient of such treatment. "Frustration" dreams are ones in which the hero or some other major figure in the dream is blocked in his efforts to do something or reach a goal. For example, a child might dream in Category One that "I was skin-diving and was attacked by a shark". A Category Two would be "The dog got hit by a car and made my Mommy awful sick". Category Three would be "I was riding my bike in the race and the front wheel fell off".

It is quite clear from the examples I have given you, that almost all the Norse dreams have tension as their main theme. The number of reward dreams are comparatively insignificant. I interpret this as a pre-occupation with threat on the part of the Viking's culture. The Vikings seem always to be anticipating some impending difficulty or disaster. Their whole attitude may be summarized by the advice a man gave when his son asked what the future held in store. The father

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did not say love, marriage, companionship, fun, security. He told him "the same fate as follows other men, sickness, strife, old age, and death" and concluded by saying "good advice is to arm yourself today and to be on your way".

It might seem that we have changed a great deal. Doubtless we have come some ways on a technological level but have we changed as much as we like to think? My own research into the dreams of children have suggested pre-occupations which do not indicate a very different attitude towards life. Let us consider the dreams reported by the white child, schooled and living in the ordinary-secular environment provided by Edmonton and the countryside of Alberta. These children and others like them who reside in similar settings form the most continuous link with the old cultures of North America today. They live in an Anglo-Saxon cultural setting and reflect its values even though their ancestors may have resided in areas where other cultures predominate.

About 800 children from Edmonton and rural secular areas were studied. The children were asked "to draw the dream they could never forget if they live to be a thousand years old". The children also wrote a story describing the dream. When the stories and pictures were analysed it is found that 70% of the dream material reported fell in the tension category with only about 15% each in the reward and affiliative categories.

MR. SVEEN: But may not this just be a reflection of the conditions of life? May not it be the case that all children, no matter what their cultural origin, remember nightmare types of dreams best?

DR. NELSON: No. This does not seem to be the case. At the same time I studied a large number of white children of similar age attending school in the Hutterite colonies and Indian children of similar age residing on reservations in Alberta or living in the Northwest Territories. In contrast, these children report very large numbers of affiliative and reward type of dreams.

Mathematical analysis of the results leave little doubt that the white secular child is different than the Hutterite child or Indian child.

We also found that it essentially makes no difference whether the white child is attending Roman Catholic or non-denominational schools. Tension is the predominant theme in dreams they recall.

MR. SVEEN: You talk about similarity of pre-occupations. Isn't a single instance involving only dreams a slim basis for reaching such a conclusion, even though you have studied across several cultures?

DR. NELSON: We get the same thing with two other studies involving different children. In one we asked the children "to draw the thing that really happened to them they couldn't forget if they lived to be a 1,000 years old". They also wrote a story about their picture just as before. In a third study we used still different children and had them listen to a narrative poem and then draw the part of the poem they remembered best. There were about 7,500 children who gave us either dream or events from everyday life or poem episodes. We are on solid ground I think, although more work is projected and must be completed before the results will have general recognition. At this point two articles have appeared in scientific journals.

MR. SVEEN: Does this mean that what you call the "white secular child" is less happy than the Hutterite and Indian child?

DR. NELSON: I cannot tell you this on the basis of the data I have. Happiness is a bit broader than dreams! Our culture has associated happiness and contentedness more with a material condition of life than any other society.

I think all of us regard good health, food, vigor, and some level of personal affluence desirable if happiness is to be attained. Such things do not come about by themselves and here is the paradox. Unless we are dissatisfied and rather persistently apprehensive about what is to become of us and our children we cannot produce the very conditions that we see to be basic to happiness! This is possibly related to our habit of dividing the day into work and leisure and possibly the well known habit of Scandinavians of drinking to excess at times. But all this is, of course, just a general suggestion. □